Histaminase and Other Tumor Markers in Malignant Effusion Fluids

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ABSTRACT

The association of histaminase with human cancer has been evaluated in this study by its presence at elevated levels in malignant effusion fluids. Over 400 fluid samples collected from 162 cancer patients of different primaries were analyzed in this study. Incidence of elevation of histaminase in the fluids were compared with that of three other tumor markers: carcinoembryonic antigens (CEA); β-subunit of human chorionic gonadotropin; and Reagan isoenzyme of alkaline phosphatase, all measured in the same fluids. High levels of histaminase were found in 44% (72 of 162) of all cases examined compared with 43% for carcinoembryonic antigens, 35% for β-subunit of human chorionic gonadotropin, and 23% for Reagan isoenzyme. Except in lymphoma, elevations of this enzyme were found in all major types of cancer with varying degree of frequency. A high percentage of elevated histaminase was found in the effusion fluids of patients with cancers of the ovary (87%), colon (73%), and stomach (88%).

Examination of results of analyses of the four tumor markers in each individual patient reveals an immense diversity in the pattern of increase of these markers. Different patterns of elevation of these markers were observed among patients of different tumor primaries as well as patients with the same tumor primaries. In patients with cancer of the colon and stomach, the elevation of histaminase was found to correlate with the production of carcinoembryonic antigens in the majority of the cases; whereas among those with cancer of the ovary, the elevation of histaminase tended to concur with the production of β-subunit of human chorionic gonadotropin.

Results of this study also demonstrated that histaminase in the malignant effusion fluids was immunologically identical to that of the placenta; thus, this study provides the basis for using the placental histaminase as an antigen for the detection and quantitation of this enzyme by immunological methods in tumor cells and in the circulation of cancer patients. Positive immunohistochemical staining of this enzyme in tumor cells collected from effusion fluids has provided supportive evidence for the tumor origin of the enzyme in the effusion fluids. Overall results of this study therefore indicate that histaminase is associated with a wide variety of human cancers and suggest that this enzyme could be a biochemical marker for some of the cancers.

INTRODUCTION

Early studies have shown that elevation of histaminase (diamine oxidase, EC 1.4.3.6) activity occurs in a number of human cancers (11, 12), and results of more recent studies have established an association of this enzyme with medullary carcinoma of the thyroid. In the later studies (7, 8), high levels of serum histaminase activity were found in 50% of patients with thyroid tumor and in 70% of patients in whom metastases were present. The enzyme activity in the thyroid tumors was found to be 15 to 1500 times higher than that in the adjacent, noncancerous thyroid tissue (3). Since the enzyme is present at very low levels in the serum and in most tissues of normal individuals, it was suggested that the elevated histaminase in serum had originated from the tumor and that histaminase could be used as a biochemical marker for the detection of medullary thyroid carcinoma (8).

A large quantity of histaminase is produced by the placenta (16, 17, 22) and resulted in high histaminase levels in the pregnancy serum, ranging from several hundred- to several thousand-fold of that of the nonpregnancy serum (10, 34, 39).

In an earlier study (25), we have detected high levels of histaminase in a large percentage of malignant effusion fluids of patients with ovarian cancer. In a significant number of these cases, the elevation of histaminase coincided with the presence of Reagan isoenzyme, a placental-type alkaline phosphatase isoenzyme detected in a number of human cancers. A later study further showed that histaminase present in the malignant effusion fluids was biochemically and immunologically identical to the enzyme of the placenta, thus suggesting the possibility of using the placental histaminase as an antigen for the study of this enzyme in cancer (24).

We now report the results of a more extensive survey where the activity of histaminase was measured, together with 3 other tumor markers, CEA, β-HCG, and Reagan isoenzyme, in 414 malignant effusion fluids obtained from 162 cancer patients with various primaries.

MATERIALS AND METHODS

Malignant Effusion Fluids. The malignant effusion fluids (pleural, peritoneal, or pericardial) used in this study were obtained from Pondville Hospital (Walpole, Mass.) from patients with histologically proven carcinomas of various primaries. The fluids were collected as part of the clinical procedures, either by paracentesis or thoracentesis, depending upon the location of the fluid accumulation.

Assay of Histaminase and Reagan Isoenzyme. Histaminase activity was assayed by the method of Okuyama and Kobayashi (28), using [14C]putrescine as a substrate. In this procedure, the assay was carried out in 37.5 mM sodium phosphate buffer...
Histaminase in Malignant Effusion Fluids

(\(\text{pH 7.5}\)) with a substrate concentration of 90 \(\mu\text{M}\) containing 0.15 \(\mu\text{Ci}\) of \([^{14}\text{C}]\)putrescine (New England Nuclear, Boston, Mass.). Aminoguanidine, a specific inhibitor of the enzyme, at a final concentration of 0.8 \(\mu\text{M}\) was used to terminate the reaction, and the product was then extracted by a liquid scintillation counting solution containing 0.35% PPO. The radioactivity was then measured by liquid scintillation counting. A unit of enzyme activity is defined as ng of putrescine hydrolyzed per hr of incubation at 37°C. With this procedure, the histaminase level of normal human serum, obtained from analyzing 21 samples from both sexes, was found to be 16 ± 4 (S.D.) units/ml. The level of elevation of this enzyme in the effusion fluid is set at 40 units/ml, which is about twice that of the normal serum. None of the normal serum samples analyzed were above this level. Assays also have been done on 12 noncancerous ascites fluids obtained from patients with liver cirrhosis and alcoholism. None were found to be above the elevated level set for this enzyme.

Regan isoenzyme of alkaline phosphatase was assayed by the method described by Anstiss et al. (2). As reported earlier (13, 36), values are considered as positive if higher than 0.4 placental isozyme unit per ml, which is twice the mean value of normal serum, and confirmed to be of placental type by microzone electrophoresis in the presence of antiserum against placental alkaline phosphatase (18).

Measurement of CEA³ and \(\beta\)-HCG. The CEA concentrations of the fluids were measured by a direct radioimmunoassay procedure without extraction of the sample by perchloric acid (26). CEA assay kits provided by Hoffman-LaRoche Inc. (Nutley, N. J.) were used. As reported earlier (33, 36), values greater than 25 ng/ml, which cover 90% of normal serum CEA values measured by the same procedure, are reported as positive.

\(\beta\)-HCG was measured with the assay kit obtained from Bio-RAD (Montreal, Quebec, Canada). It utilizes an antiserum specific for the \(\beta\)-subunit of the molecule, as described by Valtukaitis et al. (38). Values greater than 5 mIU/ml are considered as positive (14, 36, 38).

Immunodiffusion Test for Histaminase. The immunodiffusion test was carried out in agarose plates by using the procedure of Ouchterlony (29). The antiserum against placental histaminase used in this test was prepared by injection to rabbits of placental histaminase purified by affinity chromatography, as described in an earlier publication (23). The antiserum obtained was further absorbed with glutaraldehyde-polymerized normal human serum to remove minor contaminating antibody components. The specificity of the antiserum against histaminase has been verified by the results of immunodiffusion and immunoelectrophoresis (22). The malignant effusion fluids used in this test were selected from fluids with the highest histaminase activity in cancers of the ovary, stomach, colon, and urinary bladder. These fluids were concentrated 5- to 10-fold by ultrafiltration before being applied for immunodiffusion. The visualization of the immunoprecipitin line was done by labeling the immunocomplex with peroxidase, using peroxidase-labeled anti-rabbit IgG (1:10 dilution; Cappel Laboratory, Cochranville, Pa.) and staining the peroxidase activity with 3,3′-diaminobenzidine and hydrogen peroxide (15).

Immunoperoxidase Staining of Histaminase in Cell Smears. Staining of histaminase was carried out on cells collected from the malignant effusion fluids using the unlabeled antibody technique with a soluble peroxidase-anti-peroxidase complex (35) and the specific antiserum prepared from purified human placental histaminase. Cell smears were first treated with 0.3% hydrogen peroxide in methanol to block any endogenous peroxidase activity (37), washed with PBS, and treated with normal goat serum (1:50 dilution) before anti-histaminase serum (1:200 dilution) was applied. Cell smears were allowed to react with the antiserum for 14 hr at room temperature in an enclosed, moist chamber before being washed and treated with goat anti-rabbit IgG antiserum (obtained from Cappel Laboratory, absorbed with normal human serum to remove cross-reacting components against human IgG and diluted at 1:80). After being washed with PBS, the soluble peroxidase-anti-peroxidase complex (diluted 1:80; Sternberger-Meyer Immunochemicals, Inc., Jarrettsville, Md.) was applied and allowed to react for 25 min at room temperature. Cell smears were washed with PBS and again with 0.05 m Tris buffer, pH 7.6. The presence of histaminase in the cell smear was then visualized by staining the peroxidase activity using 3,3′-diaminobenzidine and hydrogen peroxide alone to detect endogenous peroxidase activity.

RESULTS

Analyses of Histaminase, CEA, \(\beta\)-HCG, and Regan Isoenzyme on Malignant Effusion Fluids. Results of analyses of histaminase on effusion fluids obtained from 162 cancer patients of various primaries, 12 noncancerous patients, and 21 normal serum samples are presented on Chart 1. In about one-half of the cancer cases examined, multiple effusion fluids were obtained at different times during the course of the disease. All the fluid specimens were analyzed, and the highest value from each patient was used in the tabulation. The mean histaminase value, in units/ml, and S.D. of each cancer primary are: breast, 54 ± 105; lung, 59 ± 95; ovary, 517 ± 1096; colon, 1299 ± 2607; stomach, 1210 ± 2574; endometrium, 422 ± 93; lymphoma, 13 ± 8; and other types of cancer examined, 192 ± 472. Statistical analyses by t test indicates that the values of cancer of the breast, lung, colon, endometrium, and others are significantly higher than the normal serum value (16 ± 4) at the 0.05 level, whereas those of ovary and stomach are significantly higher at the 0.01 level. The activity of histaminase in fluids from noncancerous patients is 13.6 ± 8.6, which is not significantly different from that of normal serum.

The comparison of histaminase in the percentage of patients above the normal level in various cancer primaries with CEA, \(\beta\)-HCG, and Regan isoenzyme is summarized in Table 1. The result indicates that elevation of histaminase was detected in

³ The abbreviations used are: CEA, carcinoembryonic antigens; \(\beta\)-HCG, \(\beta\)-subunit of human chorionic gonadotropin; PBS, phosphate-buffered saline (0.15 m NaCl in 0.05 m phosphate buffer, pH 7.4).
and only 3 produced 1 of these 2 markers. However, this was not the case in cancer of the ovary where only 8 of 23 patients produced both histaminase and CEA, 12 produced histaminase alone, and 2 produced only CEA. Concurrent production of β-HCG and histaminase was observed in 16 of 23 patients with ovarian cancer, whereas 3 lacked both markers, and 4 produced only histaminase.

**Immunological Identity of Histaminase in Malignant Effusion Fluids with Histaminase of the Placenta.** As shown in Fig. 1A of the result of an immunodiffusion test, a single confluent precipitin line formed between various malignant effusion fluids and placental histaminase when reacted against the antisemur of placental histaminase. This indicates the immunological identity of the enzyme in the fluids to that of the placenta. The immunological identity of histaminase in the fluids with a tumor extract of medullary thyroid carcinoma has also been demonstrated by immunodiffusion test (Fig. 1B).

**Immunohistochemical Staining of Histaminase in Cells Collected from Malignant Effusion Fluids.** Tumor cells were present in many of the malignant effusion fluids examined. Cell

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**Table 1**

<table>
<thead>
<tr>
<th>Marker</th>
<th>Data (Number of patients with elevated values)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Histaminase</td>
<td>CEA, β-HCG, and Regan isoenzyme in malignant fluids of 182 cancer patients of different primaries</td>
</tr>
<tr>
<td>Breast</td>
<td>14/43 (33) 20/43 (47) 6/41 (15) 4/43 (9)</td>
</tr>
<tr>
<td>Lung</td>
<td>13/45 (29) 19/45 (42) 17/45 (40) 8/45 (13)</td>
</tr>
<tr>
<td>Ovary</td>
<td>20/23 (87) 11/23 (48) 18/23 (70) 12/23 (52)</td>
</tr>
<tr>
<td>Colon</td>
<td>8/11 (73) 10/11 (91) 4/11 (36) 6/11 (56)</td>
</tr>
<tr>
<td>Stomach</td>
<td>7/8 (88) 6/8 (75) 5/8 (63) 2/8 (25)</td>
</tr>
<tr>
<td>Endometrium</td>
<td>4/8 (50) 2/8 (25) 3/8 (38) 4/8 (50)</td>
</tr>
<tr>
<td>Lymphoma</td>
<td>6/18 (33) 2/18 (11) 5/18 (28) 4/18 (22)</td>
</tr>
<tr>
<td>Others a</td>
<td>72/162 (44) 70/162 (43) 65/162 (35) 38/162 (23)</td>
</tr>
</tbody>
</table>

a Numbers in parentheses, percentage of patients above the normal level.

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**Legend:**

- Breast: includes cases of: breast, 23; colon, 11; stomach, 8; lung, 8; ovary, 8; endometrium, 23; lymphoma, 18; others, 6.
- Lung: includes cases of: lung, 45; colon, 11; stomach, 8; ovary, 8; endometrium, 23; lymphoma, 18; others, 6.
- Ovary: includes cases of: ovary, 23; colon, 11; stomach, 8; lung, 8; endometrium, 23; lymphoma, 18; others, 6.
- Colon: includes cases of: colon, 23; breast, 11; stomach, 8; lung, 8; ovary, 8; endometrium, 23; lymphoma, 18; others, 6.
- Stomach: includes cases of: stomach, 23; breast, 11; colon, 8; lung, 8; ovary, 8; endometrium, 23; lymphoma, 18; others, 6.
- Endometrium: includes cases of: endometrium, 23; breast, 11; colon, 8; lung, 8; ovary, 8; stomach, 8; lymphoma, 18; others, 6.
- Lymphoma: includes cases of: lymphoma, 18; breast, 11; colon, 8; lung, 8; ovary, 8; endometrium, 23; stomach, 8; others, 6.
- Others: includes cases of: pancreas, 4; gallbladder, 1; esophagus, 3; parotid, 1; prostate, 1; urinary bladder, 1; and skin, 2.

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**Chart 2:** Levels of histaminase activity in multiple effusion fluids obtained from individual ovarian cancer patients for over a period of 6 months or longer. Different symbols indicate different patients.
smears were prepared from fluids obtained from 10 patients (6 with ovarian cancer, 2 with stomach cancer, 1 with breast cancer, and 1 with bladder cancer) and immunohistochemical staining of histaminase was performed. Detectable immunohistochemical staining of histaminase was found in 5 of the cases (3 from ovarian cancer and one each from cancer of the stomach and breast). Shown in Fig. 2, as an example, is the staining of histaminase in cell smears obtained from the fluid of an ovarian cancer patient. The enzyme stain usually appeared only in some of the cells and localized in the cytoplasm with varying intensity. In most cases, when clumps of cells were observed, cells within a single clump were either all positively stained or all negative. It was also observed that the morphology of the positively stained cells appeared to be that of typical tumor cells with enlarged nuclei.

**DISCUSSION**

Results of the present study indicate that elevation of histaminase occurs in a wide variety of human cancers. The elevation of this enzyme is not limited to tumors of the neural crest origin as has been suggested from results of studies in medullary thyroid carcinoma and small cell lung carcinoma (5, 7). Some degree of specificity related to the primary of cancer with the increase of this enzyme in the fluid has been observed. Relatively high incidences of elevation of histaminase were found in cancers of the ovary, stomach, and colon in comparison with other types of cancer examined. These data not only confirm our previous observation that a large percentage of ovarian cancer patients had elevated levels of histaminase in the effusion fluids (25) but also provide the first indication for the high association of this enzyme with cancers of the colon and stomach.

Results of the present study therefore suggest the possibility for histaminase as a biochemical marker for certain types of human cancer such as carcinomas of the ovary, stomach, and colon. Not every tumor, of even these types, exhibits an elevated level of histaminase. Also, in a number of cases where both serum and fluid samples from the same patient were assayed, the histaminase level in the serum is usually lower than that found in the fluid, and the overall percentage of elevation was also lower. Discrepancy between the histaminase levels of tumor tissue and plasma of the same patient has also been reported (6).

Results of the present study also show a lesser extent of association between the elevation of histaminase with the presence of Regan isoenzyme reported earlier (25). The specific association of the elevation of histaminase with small cell carcinoma of the lung, reported by Baylin et al. (6), was not observed in our study. We found that only 3 of 14 cases of small cell carcinoma of the lung that had high levels of histaminase, whereas 2 of 8 cases of large cell lung carcinoma had elevated levels of this enzyme in the effusion fluids.

There is an immense diversity of the production of different tumor markers among individual patients, even among the ones with the same tumor primary. This is to be expected if one recognizes the heterogeneous nature of tumors in terms of their differences in cell origins and stages of differentiation and tumor progression (30–32). The recognition of this variable and heterogeneous nature of the tumor in its biochemical expression therefore underscores the importance of measuring multiple markers rather than to rely on a single test for possible detection of the presence of certain cancers.

Although direct evidence has yet to be obtained, circumstantial evidence has suggested that the elevation of histaminase in the circulation of cancer patients has resulted from the production of this enzyme by the tumor. Production of histaminase by tumor cells has been demonstrated by biochemical and immunohistochemical studies which have shown the presence of this enzyme at high levels in tumor tissues of medullary thyroid carcinoma and in small cell lung carcinoma and also the absence of it in the surrounding noncancerous tissues (3, 9, 27). The positive immunohistochemical staining of this enzyme in tumor cells obtained from malignant effusion fluids can be considered as another supportive piece of evidence for this hypothesis.

The biological function of histaminase is not entirely known.
REFERENCES


6. Baylin, S. B. Histaminase (diamine oxidase) activity in human tumors: an enzyme that is localized in the extracellular space and into the circulation by the decidual cells. This is consistent with the theory for the protective function of histaminase in destroying the excess histamine produced by the fetus. The same theory may be used as a basis for a hypothesis for the possible role of this enzyme in tumor biology; the expression of this enzyme by the tumor cell could provide a mechanism for the interference of the inflammatory process of the host during the invasive growth of the tumor. This speculation is consistent with the concept that tumors have certain abilities to escape the defensive mechanisms of the host, as exemplified by the well-recognized phenomenon of the existence of immunological escaping mechanisms in tumors (1, 21).


Fig. 2. Immunoperoxidase staining of histaminase in tumor cells present in the effusion fluid of an ovarian cancer patient. Both histaminase-positive and -negative cells can be seen in A. At a higher magnification, it can be seen that histaminase-specific stain is localized in the cytoplasm of the cell (C). B and D, controls with normal rabbit serum substituted for anti-histaminase serum. A and B, × 300; C and D, × 2000.
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