Genistein Represses Telomerase Activity via Both Transcriptional and Posttranslational Mechanisms in Human Prostate Cancer Cells

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Abstract
Genistein, the most abundant isoflavone present in soybean has antiproliferative effects on a variety of cancer cells, including prostate cancer. However, the molecular mechanism of antiproliferative effects of genistein is not entirely understood. Because the activation of telomerase is crucial for cells to gain immortality and proliferation ability, we examined the role of genistein in the regulation of telomerase activity in prostate cancer cells. Here, we show that genistein-induced inhibition in cell proliferation is associated with a reduction in telomerase activity. Using reverse transcriptase-PCR and hTERT promoter activity assays, we showed that genistein decreased hTERT expression and transcriptional activity dose-dependently. Using various deleted hTERT promoter constructs, we defined that the hTERT core promoter is enough to observe the genistein-induced repression of hTERT transcriptional activity. Because c-Myc is involved in transcriptional regulation of hTERT, c-Myc expression was examined. A dose-dependent decrease in c-Myc message and proteins was observed with genistein treatment. These results indicate that genistein represses hTERT transcriptional activity via the down-regulation of c-Myc expression. However, genistein-induced repression of hTERT transcriptional activity was not blocked by the mutation of c-Myc at the hTERT promoter, suggesting that additional factors are involved in genistein-dependent repression of telomerase activity. Interestingly, we observed that genistein down-regulates the activation of Akt thereby phosphorylation of hTERT and inhibits its translocation to the nucleus. These results show for the first time that genistein represses telomerase activity in prostate cancer cells not only by repressing hTERT transcriptional activity via c-Myc but also by posttranslational modification of hTERT via Akt. (Cancer Res 2006; 66(4): 2107–15)

Introduction
Telomerase is a ribonucleoprotein enzyme with specialized reverse transcriptase activity that catalyzes the synthesis and extension of telomeric DNA (1, 2). This enzyme is present in germ line cells, cancer-derived cell lines, and spontaneously immortalized cells in culture and is activated in 85% to 90% malignant tumors but usually absent in normal somatic cells, which results in the progressive loss of telomeres with each cell division (3). Cells require a mechanism to maintain telomere stability to overcome replicative senescence, and telomerase activation may therefore be a rate-limiting step in cellular immortality and oncogenesis (4).

The telomerase complex is composed of telomerase reverse transcriptase (TERT; ref. 5), telomerase RNA (6), telomerase-associated proteins (TEP1; ref. 7), and chaperone proteins (p23 and Hsp90; ref. 8). Telomerase RNA, TEP1, p23, and Hsp90 are expressed in a wide variety of cells, irrespective of the presence or absence of telomerase activity. On the other hand, a strong correlation is observed between hTERT mRNA expression and telomerase activity in a variety of epithelial cancers, including cervical (9), breast, colon (10, 11), ovarian (12), and renal (13) carcinomas, indicating that hTERT may be mostly transcriptionally regulated (14). Transcription factors that are involved in up-regulation or down-regulation of hTERT transcriptional activity have been identified by various laboratories (15–23). Recent evidence shows that telomerase modulates expression of growth-controlling genes and enhances cell proliferation (24, 25).

In addition to its transcriptional regulation, telomerase activity can also be regulated by posttranslational modifications. It has been shown that Akt kinase enhances human telomerase activity through phosphorylation of the hTERT subunit at the region surrounding Ser292 (26). In addition, protein kinase C (PKC) has been involved in the phosphorylation of hTERT (27). Another possible mechanism for posttranslational modulation of telomerase activity is via the interaction of hTERT with accessory proteins. It has been shown that 14-3-3 proteins and nuclear factor-κB (NF-κB) could act as posttranslational modifiers of telomerase by controlling the intracellular localization of hTERT (28, 29). Therefore, factors that are involved in the regulation of telomerase activity have generated considerable interest in recent years. Such factors have significant importance in understanding and manipulating cell growth in neoplasia. Based on the anticancer effects of various phytoestrogens, we believe that genistein could be such factor.

Genistein (4,5,7-trihydroxyisoflavone), the most abundant isoflavonic compound of soybeans, has been suggested as the active agent underlying the putative anticancer effect of soy (30). The mechanisms by which genistein inhibit growth are not entirely understood. However, it is becoming clear that genistein exerts multiple effects on cancer cell growth. A number of studies have reported that genistein suppresses prostate cancer cell proliferation (31–34). In other systems, genistein inhibited neovascularization or angiogenesis (34, 35), protein tyrosine kinases (36), topoisomerase II (37), oncogene product activity (38), and prostaglandin synthesis (39). In 2004, we reported our initial results at the 86th annual meeting of the Endocrine Society that genistein represses telomerase activity in androgen-independent prostate cancer cells.
cancer cell, DU-145 (40). In the course of this study, one report seemed documenting the role of genistein in the inhibition of telomerase activity in another prostate cancer cell line, LNCaP (41). It has been proposed that the genistein-induced decrease in telomerase activity is due to the transcriptional repression of hTERT.

The present study was undertaken to obtain an in-depth understanding of the molecular mechanism(s) underlying genistein-induced repression of telomerase activity in prostate cancer cells. Using androgen-independent prostate cancer cell lines, DU-145 and PC-3, we showed that genistein inhibits telomerase activity by repressing hTERT transcriptional activity, as well as posttranslational modification of hTERT. This study suggests for the first time that genistein controls multiple events to regulate telomerase activity in prostate cancer cells. Transcriptional down-regulation of hTERT via c-Myc and posttranslational modification of hTERT protein via the deactivation of Akt are two major events in genistein-induced repression of telomerase activity.

Materials and Methods

Cell line and cell growth assay. DU-145 and PC-3 cells (American Type Culture Collection, Manassas, VA) were grown in IMEM without phenol red (Biofluids, Rockville, MD) supplemented with 10% fetal bovine serum (Quality Biologicals, Gaithersburg, MD), 2 mM/L glutamine, 100 units/mL penicillin G-streptomycin, and 100 μg/mL streptomycin sulfate (Sigma, St. Louis, MO) in the presence of 5% CO₂ at 37°C.

For the cell growth experiment, 24 hours after seeding (2 × 10⁴ per well), the attached DU-145 and PC-3 cells were treated with 0, 10, 25, 50, and 100 μM/L genistein for 1, 2, and 3 days. Genistein containing media were replaced every 24 hours for the duration of the experiment. Control cells received equal amounts of ethyl alcohol (vehicle) in the media. After treatment, cells were washed with 1× PBS, trypsinized, and resuspended in growth medium. Trypan blue (0.4%) was added to the cell suspension, and both live and dead cells were counted using a hemacytometer.

Immunofluorescence staining. DU-145 cells were plated on ECL-coated (Upstate, Lake Placid, NY) Lab-Tek chamber slide. After 24 hours, cells were treated with 0 and 50 μM/L genistein for 3 days. Cells were fixed in chilled methanol at −20°C for 30 minutes and then rehydrated and stained with hTERT antibody (Novus Biologicals, Inc., Littleton, CO) for −18 hours at 4°C followed by incubation with Texas Red–conjugated secondary antibody (Jackson ImmunoResearch Laboratories, West Grove, PA) for 30 minutes and counterstained with 4,6-diamidino-2-phenylindole (1:500) solution for 10 minutes. Slides were washed, mounted and viewed under a fluorescence microscope (Zeiss AxioImager Imaging System, Jena, Germany).

Preparation of nuclear extracts and immunoprecipitation. The preparation of nuclear extracts was done using the nuclear extraction kit (Active Motif, Carlsbad, CA) according to the manufacturer’s instructions. Briefly, cell pellets were resuspended in hypotonic buffer and detergent (provided with the kit) and vortexed for 10 seconds at high speed. The suspension was centrifuged at 14,000 × g at 4°C. The supernatant was used as the cytoplasmic fraction. Then, nuclear pellet from 1 suspension was centrifuged at 14,000 g (Active Motif, Carlsbad, CA) according to the manufacturer's instructions.

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Immunochemistry staining. DU-145 cells were plated on ECL-coated (Upstate, Lake Placid, NY) Lab-Tek chamber slide. After 24 hours, cells were treated with 0 and 50 μM/L genistein for 3 days. Cells were fixed in chilled methanol at −20°C for 30 minutes and then rehydrated and stained with hTERT antibody (Novus Biologicals, Inc., Littleton, CO) for −18 hours at 4°C followed by incubation with Texas Red–conjugated secondary antibody (Jackson ImmunoResearch Laboratories, West Grove, PA) for 30 minutes and counterstained with 4,6-diamidino-2-phenylindole (1:500) solution for 10 minutes. Slides were washed, mounted and viewed under a fluorescence microscope (Zeiss AxioImager Imaging System, Jena, Germany).

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were conducted using the Prism3 GraphPad software, and values were presented as mean ± SE. Significance level was calculated using the one-way ANOVA followed by the Dunnett post-test, with an assigned confidence interval of 95%. $P < 0.05$ was considered significant.

## Results

**Genistein inhibits growth of human prostate cancer cells without inducing cell death.** Although it is known from previous published reports that genistein has antiproliferative effect on prostate cancer cells, to initiate our study, it was necessary to determine the dose that would cause growth arrest but will not induce cell death. Using DU-145 and PC-3, we observed a dose-dependent inhibition of growth with genistein treatment (Fig. 1A and B). Significant inhibition of growth (50%) was observed with as little as 25 μmol/L genistein ($P < 0.01$), and 50 μmol/L ceased cell growth completely without induction of cell death, whereas 100 μmol/L caused a slight but nonsignificant increase in cell death. These results show that 50 μmol/L genistein is capable of inhibiting cell growth completely without inducing cell death. Because, trypan blue staining is a less sensitive method of detecting cell death, we examined the caspase-3/7 activity after 3 days of treatment with various concentrations of genistein. In both DU-145 and PC-3 cells, up to 50 μmol/L genistein did not induce caspase activity over the control level. A slight but nonsignificant increase in caspase activity was observed with 100 to 200 μmol/L genistein treatments, whereas paclitaxel treatment for 24 hours increased caspase activity significantly by 10-fold (Fig. 1C). Similarly, PARP cleavage was not observed in DU-145 or PC-3 (data not shown) cells with 50 μmol/L (Fig. 1D), but 200 μmol/L genistein resulted in a slight increase in PARP cleavage, indicating an induction of apoptotic cell death with higher doses of genistein. As expected, paclitaxel treatment for 24 hours caused an increase in PARP cleavage (Fig. 1D). These results suggest that genistein inhibits growth of prostate cancer cells not due to an increase in cell death; rather, genistein is involved in regulating the expression of genes that are involved in cell proliferation. Because telomerase provides indefinite replicative potential of cancer cells and acts as a growth-promoting factor (24, 25), we examined whether telomerase activity was repressed by the treatment of genistein in prostate cancer cells.

**Genistein represses telomerase activity in prostate cancer cells.** Because genistein has antiproliferative effect on cancer cells, and the majority of cancer cells expresses high telomerase activity that provide the cancer cell’s ability to survive and proliferate, we examined whether genistein represses telomerase activity in prostate cancer cells. Using the TRAP assay, we observed that genistein repressed telomerase activity in both DU-145 and PC-3 cells dose-dependently (Fig. 2A and B). Genistein (10 μmol/L) repressed telomerase activity in DU-145 cells significantly ($P < 0.05$; Fig. 2C), but such repression was not observed in PC-3 cells at this concentration (Fig. 2D). However, 25 to 100 μmol/L genistein repressed telomerase activity (~50%) in both DU-145 and PC-3 cells (Fig. 2C and D). This concentration of genistein did not induce cell death in these prostate cancer cells. This result suggests that genistein has an inhibitory effect on telomerase activity in prostate cancer cells.

**Genistein down-regulates hTERT expression but not telomerase-associated protein TEP1.** Expression of the hTERT is tightly regulated with telomerase activity in various cancer cells (9–13); therefore, it is important to examine whether the inhibitory effect of genistein on telomerase activity in prostate cancer cells is due to the down-regulation of hTERT expression. We observed that genistein treatment for 3 days decreased hTERT expression in DU-145 (Fig. 3A) and PC-3 (Fig. 3B) dose-dependently. However, the expression of telomerase-associated protein TEP1 did not change (Fig. 3A and B). With increasing concentrations of genistein, hTERT message levels were decreased dose-dependently and significantly ($P < 0.01$; Fig. 3C and D), and 50 μmol/L genistein decreased >50% of hTERT message. These results suggest that repression of telomerase activity in DU-145 and PC-3 cells with genistein treatment is due to the genistein-dependent down-regulation of hTERT expression.

**Genistein represses hTERT transcriptional activity in prostate cancer cells, and the minimal core promoter is enough for genistein-induced repression of hTERT.** Because the expression of hTERT correlates with the telomerase activity, to understand the molecular mechanism of genistein-induced repression of telomerase activity, we examined the hTERT promoter activity using full-length and various deleted hTERT promoter constructs (21, 44) in prostate cancer cells. Luciferase reporter
plasmids containing the full-length (3.3 kb) hTERT 5′ regulatory region (pGL3-3328) and basic vector (pGL3-basic) were transiently transfected into DU-145 and PC-3 cells. Transfection of pGL3-3328 induced hTERT promoter activity 45-fold in DU-145 cells and 20-fold in PC-3 cells compared with the basic vector-transfected cells (Fig. 4A). However, genistein treatment decreased hTERT transcriptional activity dose-dependently in both DU-145 and PC-3 cells (Fig. 4A). These results suggest that genistein represses hTERT transcriptional activity in prostate cancer cells. To further delineate the region of hTERT promoter responsible for genistein-dependent repression of hTERT promoter activity, various deleted fragments of hTERT promoter were examined. Genistein (50 μmol/L) repressed promoter activity of various deleted fragments of hTERT promoter significantly (P < 0.001) in DU-145 cells and in PC-3 cells (only 181-Luc is shown; Fig. 4B). These results suggest that the core hTERT promoter (181-Luc) is enough to obtain genistein-dependent repression of hTERT transcriptional activity.

Genistein down-regulates c-Myc expression in prostate cancer cells. The core promoter region (−181bp) of hTERT has two c-Myc binding sites, and it has been shown previously that c-Myc regulates telomerase activity (15, 45–47). Because c-Myc is involved in telomerase regulation, we were interested in investigating whether genistein alters c-Myc expression in prostate cancer cells. Using RT-PCR assay, we observed that genistein treatment decreased c-Myc expression dose-dependently and significantly (P < 0.01; Fig. 5A), and >50% of c-Myc message was decreased with 50 μmol/L genistein. Similarly, c-Myc protein was also decreased dose-dependently and significantly (P < 0.01) with various concentrations of genistein treatments (Fig. 5B). These results show that genistein down-regulates c-Myc expression, and this could be a potential mechanism by which telomerase activity is repressed in prostate cancer cells by genistein.

Genistein down-regulates c-Myc transcriptional activity in prostate cancer cells. Because c-Myc expression is down-regulated by genistein, we next investigated whether c-Myc transcriptional activity is down-regulated in these cells. Transient transfection of p-Myc-TA-luciferase construct into DU-145 cells increased c-Myc transcriptional activity 6-fold over the control vector (TA-luciferase) transfected cells (Fig. 5C). Fifty micromolar genistein treatment decreased c-Myc transcriptional activity significantly (∼6-fold; P < 0.001). Similarly, genistein down-regulated c-Myc transcriptional activity (c-Myc minimal promoter; XNM-luciferase) significantly (∼50%; P < 0.01; Fig. 5C). These results collectively suggest that genistein down-regulates the c-Myc transcriptional activity and could be a cause of repressed telomerase activity in prostate cancer cells.

c-Myc regulates hTERT transcriptional activity in DU-145 prostate cancer cells, but c-Myc alone is not involved in genistein-induced repression of telomerase activity. Although our previous studies (Fig. 5A-C) show that genistein down-regulates c-Myc expression and transcriptional activity, it does not imply that c-Myc alone is involved in the regulation of telomerase activity in prostate cancer cells. In addition, it has been not evaluated whether genistein can repress telomerase activity in prostate cancer cells without the involvement of c-Myc. To test this, pGL3-181 hTERT promoter with or without sense or antisense c-Myc expression vectors were transfected in DU-145 cells. Transfection of pGL3-181 hTERT alone gave a 60-fold induction of luciferase activity compared with pGL3-basic (Fig. 5D). Addition of c-Myc expression vector increased hTERT transcriptional activity significantly by 2-fold (P < 0.01) compared with the levels of pGL3-181 hTERT promoter. When antisense c-Myc expression vector was expressed along with pGL3-181-hTERT-promoter, hTERT transcriptional activity was significantly reduced by 3-fold.
These results suggest c-Myc has the ability to regulate transcription of hTERT in prostate cancer cells. To address our second question, we transfected the c-Myc–mutated core hTERT promoter (pGL3-181-Myc-MT1+2-Luc; ref. 21) and then treated the cells with or without genistein. In both DU-145 and PC-3 cells, c-Myc–mutated hTERT core promoter failed to block genistein-induced repression of hTERT transcriptional activities completely (Fig. 5D). These results suggest that the down-regulation of c-Myc is not the only reason for genistein-induced repression of telomerase activity. However, the largest effect of genistein seems to be mediated via c-Myc.

Genistein deactivates AKT in prostate cancer cells. It has been shown that Akt enhances human telomerase activity through phosphorylation of hTERT (26); therefore, we investigated whether the repression of telomerase activity by genistein was due to the deactivation of Akt. As we see in Fig. 6, total Akt level did not change with various doses of genistein treatment of DU-145 cells, whereas phospho-Akt Ser473 and Thr308 residues were decreased dose-dependently (Fig. 6A). Quantitatively, both phospho-Akt Ser473 and Thr308 residues were decreased significantly (P < 0.01) with as little as 10 μmol/L, and with 50 μmol/L genistein, >50% of phospho-Akt Ser473 and 40% of phospho-Akt Thr308 were decreased. These results suggest that genistein deactivates Akt kinase by preventing phosphorylation of Ser473 and Thr308 residues.

Genistein prevents phosphorylation of hTERT and thereby inhibits translocation to the nucleus in prostate cancer cells. Because activated Akt phosphorylates hTERT, and because it is necessary for full telomerase activity, we examined whether phosphorylation of hTERT is inhibited by the genistein treatment. Immunoprecipitation immunoblot analyses show that 50 μmol/L genistein decreased the phospho-hTERT in DU-145 and PC-3 cells (Fig. 6B). More than 2-fold decrease in phospho-hTERT was observed in genistein-treated DU-145 and PC-3 cells compared with the vehicle-treated cells. Because phosphorylation of hTERT is necessary for its nuclear translocation, we subsequently examined the localization of hTERT protein in DU-145 cells with or without genistein treatments. As we see in Fig. 6C, hTERT protein is localized predominantly in the nucleus, with negligible staining in the cytoplasm. The treatments of 50 μmol/L genistein decreased overall hTERT protein staining intensity accompanied by a complete loss of nuclear but a slight increase in cytoplasmic staining. These results suggest that genistein decreased phosphorylation of hTERT protein and possibly thereby inhibited its translocation to the nucleus.

Discussion
In the present study, we investigated the molecular mechanism of genistein-induced repression of telomerase activity in prostate cancer cells. Using two human prostate cancer cell lines, DU-145 and PC-3, we showed that genistein dose-dependently (10-100 μmol/L) represses telomerase activity. We show that genistein-induced repression of telomerase activity is not only due to the transcriptional inhibition of hTERT but also due to the posttranslational modification of hTERT protein.
It is becoming increasingly obvious that the regulation of telomerase is highly complex and multifactorial in mammalian cells. It involves expression of the telomerase gene, association of telomerase-associated proteins (Hsp90 and p23), posttranslational protein-protein interactions, and protein phosphorylation. We focused our initial study by examining the effect of genistein at the transcriptional regulation of hTERT, because large numbers of published reports suggest that the expression of hTERT is tightly correlated with the telomerase activity (9-13). We observed a dose-dependent decrease in hTERT mRNA in both DU-145 and PC-3 cells with increasing concentrations of genistein (Fig. 3), and the decrease in hTERT expression was also associated with a decrease in telomerase activity (Fig. 2). These results are in agreement with a recently published report in LNCaP cells, where hTERT message level also decreased after genistein treatment (41). Although we observed a dose-dependent decrease in hTERT message, we did not observe a significant induction in cell death. We believe we observed a dose-dependent decrease in hTERT mRNA in both DU-145 and PC-3 cells with increasing concentrations of genistein (Fig. 3), and the decrease in hTERT expression was also associated with a decrease in telomerase activity (Fig. 2). These results corroborate with the earlier published result in LNCaP cells (41). However, the earlier published report has not identified a specific region of hTERT promoter that is responsible for genistein-induced repression. Using various deleted hTERT promoter constructs (pGL-3-2000-Luc, pGL-3-1375-Luc, and pGL-3-181-Luc), we showed that the hTERT core promoter (pGL-3-181-Luc) region is enough to obtain genistein-induced repression of hTERT transcriptional activity (Fig. 4). Therefore, transcription-associated protein. Other chaperone proteins, such as Hsp90, Hsp70, and p23, are important for telomerase activity by their functional association with telomerase (8). Expression of these chaperone proteins is up-regulated during malignant transformation or in cancer tissues compared with the noncancerous tissues (49). It is possible that genistein might alter the expression of these chaperone proteins and inhibit telomerase assemblage that is necessary for full telomerase activity. Therefore, future experiments would be necessary to determine whether genistein alters the expression of telomerase-associated chaperone proteins and thereby alters telomerase assemblage.

Using full-length hTERT promoter construct, we observed that genistein dose-dependently (10-100 μmol/L) repressed the hTERT transcriptional activity in both DU-145 and PC-3 cells (Fig. 4). These results corroborate with the earlier published result in LNCaP cells (41). However, the earlier published report has not identified a specific region of hTERT promoter that is responsible for genistein-induced repression. Using various deleted hTERT promoter constructs (pGL3-2000-Luc, pGL3-1375-Luc, and pGL3-181-Luc), we showed that the hTERT core promoter (pGL3-181-Luc) region is enough to obtain genistein-induced repression of hTERT transcriptional activity (Fig. 4). Therefore, transcription...
factors that are present at the core promoter region might be involved in genistein-induced repression of telomerase activity. There are two c-myc, five Sp1, one Ets, and two Inr binding sites present at the hTERT core promoter (22). Out of all these transcription factors, the role of c-Myc in the regulation of hTERT transcription have been studied extensively (15, 45–47). It has been shown that c-Myc binds to the E-boxes at the core promoter region of hTERT and activates hTERT transcription (15, 46). We observed that c-Myc regulates hTERT transcriptional activity in prostate cancer cells (Fig. 5). This result support the concept that c-Myc is a major regulator of hTERT transcription.

Based on the paramount importance of c-Myc in hTERT transcriptional activation, we examined the expression of c-Myc in genistein-treated or untreated DU-145 cells. We observed that similar to hTERT, c-Myc mRNA and protein levels were also decreased dose-dependently with genistein treatment (Fig. 5), suggesting that the repression of telomerase activity in prostate cancer cells could be via the decreased expression of c-Myc. These results are in agreement with some previous reports where c-Myc protein and/or mRNA levels were decreased in mouse melanoma and in human colon cancer cell lines (50, 51) as well as in androgen-responsive prostate cancer cells, LNCaP (41). To understand the precise role of c-Myc in genistein-induced repression of telomerase activity in prostate cancer cells, we transfected c-Myc mutated hTERT core promoter constructs in DU-145 and PC-3 cells and then treated with genistein. We observed that the repressive activity of genistein prevailed even after mutation of c-Myc from the hTERT core promoter, suggesting that c-Myc is not solely involved in the inhibition of telomerase activity in prostate cancer cells by genistein as suggested by Ouchi et al. (41). Transcription factors that up-regulate telomerase activity, such as Ets or SP1, could also be involved in genistein-induced repression of telomerase activity. Although it is speculative at this time, future experiments would be necessary to confirm the role of Ets or SP1 in genistein-induced repression of telomerase activity.

In addition to the transcriptional regulation of hTERT, posttranslational modifications are also equally important for full...
telomerase activity. hTERT is a phosphoprotein, and its activity is modulated by a complex set of protein kinases, providing additional control on telomerase regulation. It has been shown that protein kinase B/Akt is involved in phosphorylation of hTERT protein and the up-regulation of telomerase activity (26). Telomerase activity in human breast cancer cells is significantly inhibited by the treatment with protein phosphatase 2A (52). Treatment of human melanoma cells (SK-MEL 28) with the protein phosphatase inhibitor okadaic acid enhances both hTERT peptide phosphorylation and telomerase activity (26). However, when these melanoma cells were treated with the phosphatidylinositol 3-kinase inhibitor Wortmannin, hTERT peptide phosphorylation and telomerase activity were down-regulated. In this study, Kang et al. showed that the serine residue at position 824 of hTERT was phosphorylated by the Akt (26). In the present study, we observed that genistein treatment down-regulated phospho-Akt Ser73 and Thr108 dose-dependently in DU-145 cells without affecting the total Akt (Fig. 6). Moreover, phosphorylation of hTERT was also decreased significantly after genistein treatment. These results clearly suggest that genistein acts at the posttranslational level to down-regulate phosphorylation of hTERT via the Akt pathway. Deactivation of Akt by genistein treatment has been shown by earlier study (53). Beside Akt, PKC, another serine/threonine kinase, is also know to be involved in phosphorylation of hTERT and thereby telomerase activity (27). It is possible that in addition to the deactivation of Akt, genistein might also inhibit PKC and thereby suppress telomerase activity. Future studies will be required to determine the whether PKC is involved in genistein-induced dephosphorylation of hTERT.

It is now well established that cellular localization of hTERT could be a potential mechanism of telomerase activation through hTERT phosphorylation linked to nuclear localization (54). Nuclear translocation of hTERT from a presumably nonfunctional cytosolic position to a physiologically relevant nuclear compartment may be one mechanism of the regulation of the telomerase function in cells. It was previously reported that 14-3-3 protein binds to and increases nuclear localization of hTERT (28). Similarly, NF-κB p65 is also a posttranslational modifier of telomerase, which is involved in the intracellular localization of hTERT (29). Using immunofluorescent staining, we showed that genistein treatment increased the nuclear staining for hTERT, and the residual staining was observed in the cytoplasm (Fig. 6), suggesting that genistein decreased the phosphorylation of hTERT and thereby was unable to bind its nuclear translocator or decreased phosphorylation of hTERT forced them to translocate from the nucleus to the cytoplasm. It is also possible that genistein might down-regulate NF-κB and/or 14-3-3 protein levels and thereby decrease their association with hTERT and eventually inhibits translocation to the nucleus. In fact, it has been shown that genistein decreases NF-κB activation and protein expression in prostate cancer cells (55).

The question that might arise is how genistein-induced reduction of telomerase activity would be linked to the growth inhibition of cancer cells. We believe that in addition to telomere length regulation, telomerase acts as a growth-promoting factor and modulates the expression of various growth-promoting factors (basic fibroblast growth factor and epidermal growth factor receptor; 24, 25). In fact, some of our preliminary results indicate that number of growth-promoting factors and cell cycle regulatory components are regulated by hTERT. Therefore, it is possible that reduction of TERT expression by genistein will inhibit growth-promoting and cell cycle regulatory factors that will eventually control growth of cancer cells. Our preliminary result also indicates that genistein treatment enhances PTEN expression in DU-145 cells (data not shown) that could ultimately deactivate Akt. Deactivation of Akt will increase GSK3β/β activity and eventually degrade c-Myc protein. Future studies will be necessary to define the precise molecular mechanism by which genistein deactivates Akt and down regulates c-Myc.

In summary, this study shows for the first time that genistein-induced repression of telomerase activity is multifactorial. Down-regulation of hTERT transcriptional activity as well as the posttranslational modifications of hTERT protein is involved in genistein-induced repression of telomerase activity in prostate cancer cells. Although the mechanisms of genistein-induced down-regulation of c-myc expression and deactivation of Akt are elusive at this point, this study clearly suggests that genistein could be a potential therapeutic agent to repress telomerase activity and for the treatment of various malignancies, including prostate cancer.

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