Molecular Consequences of Genetic Variations in the Glutathione Peroxidase 1 Selenoenzyme

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Abstract

Accumulating data have implicated the selenium-containing cytosolic glutathione peroxidase, GPx-1, as a determinant of cancer risk and a mediator of the chemopreventive properties of selenium. Genetic variants of GPx-1 have been shown to be associated with cancer risk for several types of malignancies. To investigate the relationship between GPx-1 enzyme activity and genotype, we measured GPx-1 enzyme activity and protein levels in human lymphocytes as a function of the presence of two common variations: a leucine/proline polymorphism at codon 198 and a variable number of alanine-repeat codons. Differences in GPx activity among these cell lines, as well as in the response to the low-level supplementation of the media with selenium, indicated that factors other than just genotype are significant in determining activity. To restrict the study to genotypic effects, human MCF-7 cells were engineered to exclusively express allelic variants representing a combination of either a codon 198 leucine or proline and either 5 or 7 alanine-repeat codons following transfection of GPx-1 expression constructs. Transfectants were selected and analyzed for GPx-1 enzyme activity and protein levels. GPx-1 with 5 alanines and a leucine at codon 198 showed a significantly higher induction when cells were incubated with selenium and showed a distinct pattern of thermal denaturation as compared with GPx-1 encoded by the other examined alleles. The collective data obtained using both lymphocytes and MCF-7 indicate that both intrinsic and extrinsic factors cooperate to ultimately determine the levels of this enzyme available to protect cells against DNA damage and mutagenesis. [Cancer Res 2009;69(20):8183–90]

Introduction

There is considerable interest in developing strategies for prevention of cancer that involve minimal risk or toxicity. Selenium is an essential trace element for which many years of animal studies have shown that low, nontoxic supplementation with either organic and inorganic forms could reduce cancer incidence following exposure to a wide variety of carcinogens (1). In humans, several studies have shown that there is an inverse association between nutritional selenium intake and cancer risk, although not all reports have indicated this relationship (2). The promise of selenium supplementation in the diet as a means of reducing cancer risk was stimulated by the results of the study conducted by the National Prevention of Cancer (NPC) Study Group that reported that supplementation with 200 μg/d selenium as selenized yeast reduced cancer incidence (3, 4). Follow-up analyses to this study have indicated that those with the lowest base-line levels of selenium exhibited the greatest benefit (4). This study, along with the wealth of in vitro and animal data supporting a potential chemopreventive role for selenium, has led to the large cancer prevention trial (SELECT) investigating the efficacy of selenium, both alone and in combination with vitamin E, in reducing prostate cancer incidence (5). However, this trial was recently terminated early due to the apparent lack of protection by selenium (6).

Selenium exists within the cell as both nonprotein metabolites and selenoproteins containing the UGA-encoded amino acid selenocysteine, often located at the protein's active site (7, 8). Nonprotein forms of selenium have been shown to have antitumor activity in animal models and to influence the expression of signaling pathways involved in the carcinogenic process (9). Alternatively, selenium may influence cancer incidence by its effects on selenoprotein levels or function (10). Studies to investigate the role of selenoproteins independent of selenium status were greatly facilitated by the development of the iλA transgenic mouse model (11). These animals express reduced selenoprotein levels due to the ectopic expression of a mutant selenocysteine tRNA gene, but do not exhibit overt signs of pathology unless further challenged. However, iλA mice showed accelerated development of prostate pathology indicative of carcinogenesis as compared with control mice (12) and are more susceptible to the development of aberrant crypt foci, a colonic preneoplastic lesion, following the administration of carcinogen (13).

Of the 25 selenoproteins shown to be encoded by the human genome (14), genetic data have implicated the selenium-dependent, cytosolic form of glutathione peroxidase (GPx-1) in cancer etiology. The gene for GPx-1 is frequently deleted during cancer development, with loss of heterozygosity being shown in breast, colon, and lung cancers, as well as cancers of the head and neck (10). In addition, common polymorphisms in the GPx-1 gene have been shown to be associated with cancer risk. A codon 198 variation resulting in either a leucine (leu) or a proline (pro) at this position has been described (15). The risk of cancers of the bladder, lung, breast, and liver has been positively associated with the leu allele (16), and lung cancer patients harboring the leu allele were shown to excrete higher levels of the DNA oxidation product 8-hydroxy-2′-deoxyguanosine in their urine (17). Not all studies have shown the relationship between the codon 198 polymorphism and cancer risk, and it is notable that the association between the leu allele and cancer risk was reported for liver and breast cancer, but only when present in conjunction
with an allele for another at-risk polymorphism in the gene for manganese superoxide dismutase (18, 19). Another GPx-1 variation, a variable number of alanine-repeat codons in the NH₂ terminus of the protein, has been associated with higher risk of cancer as well (20–23).

The data summarized above indicate a possible role of the GPx-1 selenium-containing protein in cancer etiology. Because the activity of this protein is responsive to selenium availability in the diet, it is possible that the chemopreventive activity of selenium may be dependent, at least in part, on allelic-specific effects on enzyme activity. Here, we examine the levels and activity of GPx-1, as well the response of the protein to selenium levels, in human lymphocytes as well as MCF-7 breast carcinoma cells engineered to express different GPx-1 allelic variants.

Materials and Methods

Cell culture. Immortalized human lymphoblast cell lines were obtained from the cell repository of the Coriell Institute for Medical Research and incubated in RPMI 1640 containing 10% fetal bovine serum (FBS) in a humidified atmosphere at 37°C with 5% CO₂. The MCF-7 human breast carcinoma cell line obtained from the American Type Culture Collection and the derivative lines were maintained in modified Eagle’s medium (Invitrogen) supplemented with 10% FBS at 37°C with 5% CO₂. Transfectants were generated using the Lipofectin transfection reagent (Invitrogen) following the manufacturer’s protocol. Colonies were selected with 500 μg/mL G418 (Sigma), expanded, and then screened for GPx-1 activity.

Genotyping at the GPx-1 locus. The identity of the GPx-1 codon 198 polymorphism in the lymphocyte cell lines used in this study was previously reported (24). Genotyping the trinucleotide repeat (GCG) variation in exon 1, which results in 5, 6, or 7 Ala repeats in the NH₂ terminus of the protein, was done. Sequences were amplified using the forward primer ALAREPF (5'-pCTGTGACTCGGTGTAATAC-3') and the reverse primer ALAREPR (5'-pCAGCGAGAAGCATACA-3'), and the products sequenced using the sequence primer ALAREPSEQ2 (5'-GAAGCTCCAGGTTTTCC-3') by the Research Resource Center at the University of Illinois at Chicago.

Generation of derivative GPx-1 expression constructs. GPx-1 expression constructs containing 5 alanine repeats and differing only by a single nucleotide resulting in either a leucine or proline at GPx-1 codon 198 (designated hGPx198pro) and (hGPx198leu) were previously generated (25). Using these constructs as templates, derivative hGPx-1 plasmids with 7 alanine repeats were generated using the QuikChange Site Directed Mutagenesis Kit (Invitrogen) using the forward primer 5'-pCTAGCGGCGG-CGGGCGAGGAGGATAC-3' and the reverse primer 5'-pCTGGGCCGCCG-GCGGCCGCCGCCCTAGT-3' for mutagenesis. Successful mutagenesis was confirmed by sequencing using services provided by the Research Resource Center at the University of Illinois at Chicago.

A derivative GPx-1 mutant designated as A5/Leu-Y66F was generated by in vitro mutagenesis, resulting in a change of codon 96 from tyrosine (Y) to phenylalanine (F) using the QuikChange II Site-Directed Mutagenesis Kit (Stratagene). Template DNA was amplified using two overlapping primers (forward primer, 5'-pGAAATTTCTCAAGTTCTGGCTGCTGTGTT-3', reverse primer, 5'-pCCAGTCCGAGAGCAACTGGAGAATCT-3') and digested by DpnI to cleave the original unaltered template. Successful mutagenesis was confirmed by RsaI diagnostic digestion.

GPx-1 activity and levels. GPx activity was determined by coupled spectrophotometric assay using hydrogen peroxide or cumene hydroperoxide as substrate (25). Assays were minimally done in triplicate, using three independently generated lysates, and activity was reported as nanomoles of NADPH oxidized per minute per milligram of protein. GPx-1 protein levels were determined by Western blotting by electrophoresis of extracts on 14% SDS-polyacrylamide gels, which were then transferred onto polyvinylidene fluoride membranes (Immobilon-P, Millipore) and detected using affinity-purified anti–GPx-1 or mouse anti-human GPx-1 monoclonal antibodies (mAb; MBL) as previously described (12). Filters were also probed with anti-β-actin antibodies to control for equal loading of protein on the gel. GPx-1 or the β-actin band density was measured with a Fluor-S MAX Multilager (Bio-Rad) using three independently generated lysates from each MCF-7 transfectant. The same lysates used for Western blot analysis were used to measure GPx-1 enzyme activity.

GPx-1 isolation by immunoprecipitation and mass spectrometry. Harvested cells were lysed, with the debris removed by centrifugation, and were incubated with mouse mAb to human GPx-1 (Abcam) overnight at 4°C and then bound to protein G beads (rec-Protein G-Sepharose 4B Conjugate, Invitrogen). Immunoprecipitated samples were electrophoresed on a 14% Tris-glycine gel and stained overnight with Coomassie G-250 stain. GPx-1 protein was excised and digested, and fragments were analyzed by mass spectrometry (MS) at the Research Resources Center at UIC by LC/MS- MS using a Thermo Finnigan LTQFT mass spectrometer interfaced to a Dionex Ultimate 3000 high-performance liquid chromatography system. Peptides were loaded to an Agilent Zorbax 305SB-C18 trapping cartridge, eluted onto an Agilent Zorbax 305SB-C18 capillary column, and separated at 200 nL/min. The gradient is as follows: 0 to 5 min 100% A, 7 min 10% A, 47 min 60% A, 52 min 90% A, and 57 min 90% A. The column was equilibrated with 100% A for 5 min before the next injection. Solvent A was 95% water, 5% acetonitrile, 0.1% formic acid, and solvent B was 5% water, 95% acetonitrile, 0.1% formic acid. Data-dependent MS/MS analysis was set up as follows: A high-resolution Fourier transform scan was done at 100,000 resolution, followed by collisionally induced dissociation MS/MS analysis of the five most intense ions with signal count >1,000.

Statistical analysis. The differences in the fold induction of GPx-1 activity in response to selenium supplementation were assessed by two-tailed Student’s t test. Differences were considered significant at P < 0.05. Two-way ANOVAs were two-sided and were done using SAS 9.1.

Results

Variations in GPx enzyme activity and response to selenium among human lymphoblast cell lines. GPx activity was determined in a collection of 30 human lymphoblast cell lines established by EBV immortalization of peripheral blood mononuclear cells and obtained from the Coriell Repository. The partial GPx-1 gene sequence from each of these cell lines has been reported (24), and the identity of the nucleotide polymorphism resulting in a leucine or proline at codon 198 was confirmed by RFLP analysis (data not shown). To extend these data to include another genetic variation in GPx-1, that being the presence of 4, 5, or 6 GCG triplets in the NH₂-terminal coding portion of the gene (20), the DNA from these lines was genotyped to determine the number of alanine-repeat codons by direct sequencing following PCR amplification. This additional genetic information expanded the previously reported number of common GPx-1 haplotypes, and the genotypes of each of these cell lines are presented in Table 1.

GPx enzyme activity was determined for each of the lymphoblast cell lines whose genotypes are presented in Table 1. To determine whether GPx activity would be stimulated in the lymphoblastoid cells by selenium addition, cultures were incubated in medium supplemented with 30 nmol/L selenium in the form of sodium selenite for 3 days. The dosage and form of selenium used in the studies here allowed direct comparisons with our previous published studies (25–28). The data presented in Fig. 1 indicate that lymphocyte cell lines expressed significant variation in GPx-1 enzyme activity when cultured under standard conditions (7.3–64.7 units/mg protein). The degree of induction of GPx-1 activity following selenium supplementation was different among the cell lines, ranging from as low as 1.3-fold (GM11524) to as high as 6.9-fold (GM12912).
The degree of variation observed among these cell lines was unexpected given the fact that the lines were derived from the same cell type, and this observation was even extended to cell lines with the same GPx-1 haplotype. For example, examining the data for several cell lines with the most common GPx-1 haplotype (A5,7/Pro, homozygous for Pro198 and heterozygous for 5 and 7 Ala repeats), the observed baseline GPx-1 activity ranged from 7.7 units/mg protein (GM06990) to 37.0 units/mg protein (GM12909). The degree of induction of enzyme activity observed when the medium was supplemented with selenium ranged from 1.6-fold (GM07349) to 6.4-fold (GM06990). Thus, neither genotypenor haplotype alone was the only determinant for either baseline activity or the degree of induction, and this observation also extended to the other genotypes presented in Table 1.

Selenium supplementation increases GPx-1 protein levels in lymphocytes. We have previously observed that induction of GPx-1 activity achieved with selenium supplementation is due to enhanced translation and not transcription (25). This was shown to be the case for the lymphocytes as well. GPx-1 protein levels were analyzed in extracts obtained from five different lymphocyte cell lines that were all homozygous for both the codon 198 and the alanine-repeat polymorphisms by Western blot analysis, and the intensity of the GPx-1 band observed approximated the levels of activity determined by enzyme assay (Fig. 2).

<table>
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<th>Catalog ID, Coriell Institute NIGMS collection</th>
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<td>NCP081 (4,4)</td>
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Abbreviation: NIGMS, National Institute of General Medical Sciences.
Sodium selenite is commonly used for cell culture and animal studies, and selenomethionine is the most common form of selenium obtained from the diet. To test whether GPx-1 alleles respond differently to these sources of selenium, the culture medium of MCF-7 transfectants was supplemented with increasing doses of either sodium selenite (Fig. 3A) or selenomethionine (Fig. 3B) for 3 days. Both forms of selenium supplementation significantly increased GPx-1 activity, with the A5/Pro, A7/Pro, and A7/Pro transfectants exhibiting approximately 4- to 8-fold (sodium selenite) or 3- to 6-fold (selenomethionine) increase in activity (Fig. 3). As is typically observed, more selenomethionine was required to achieve a similar induction in activity as was obtained with the more bioavailable form of selenium, selenite. In contrast, there was a greater induction in GPx-1 activity in cells expressing the A5/Leu, when exposed to either sodium selenite (234.6 and 347.1 units/mg protein at 50 and 100 nmol/L, respectively) or selenomethionine (119.3 and 241.6 units/mg protein at 100 and 250 nmol/L, respectively). The induction of GPx-1 activity observed for A5/Leu was 35.0- to 51.7-fold with sodium selenite (Fig. 3A) or 17.8- to 36.0-fold with selenomethionine (Fig. 3B).

**Selenium increases GPx-1 protein levels in MCF-7 cells.** To quantify GPx-1 protein levels in transfectants at both baseline culture conditions and following selenium supplementation, GPx-1 protein in the same cellular extracts used to measure activity was assessed by Western blotting with anti–GPx-1 antibodies (Fig. 3C). Surprisingly, the amount of GPx-1 detected in the Western blots was similar among the MCF-7 transfectants, despite differences in the GPx-1 activity observed in the extracts. Both selenite and selenomethionine supplementation significantly increased GPx-1 protein levels with similar patterns.

**Effect of genetic variations and selenium on GPx-1 structure.** There is an expectation that polymorphisms that affect the activity of an enzyme may also cause detectable changes in the structure of that protein. As an initial attempt to investigate the degree with which the selected variations in the GPx-1 protein affect the molecular structure, the thermal stability of the proteins was investigated. Enzyme activity over 10 minutes at 55°C was measured and compared with the activity obtained when the cell extract was maintained at 4°C. Differences in thermostability were evident, with the greatest stability observed for A5/Leu (Fig. 4A). Because selenium supplementation of the culture medium was also associated with increased activity, it was examined whether incubation of cells with 30 nmol/L sodium selenite also influenced GPx-1 thermostability. The data are presented in Fig. 4B and showed that the selenium supplementation resulted in a significant increase in stability at 55°C over the time course examined for A5/Pro, A7/Leu, and A7/Pro alleles; in contrast, selenium supplementation resulted in a decrease in stability for A5/Leu (Fig. 4B). These data indicated that the naturally occurring amino acid differences among

**Figure 1.** Human lymphocytes cell lines exhibit different baseline and selenium-induced GPx enzyme activities. The genotypes of the 30 selected lymphocyte cell lines at the alanine-repeat and codon 198 polymorphisms are presented in Table 1. The GPx activity obtained with or without 30 nmol/L sodium selenite (Se) for 3 d is presented in the graph. Columns, mean of three independent experiments; bars, SD.

**Figure 2.** Relative induction of GPx-1 protein and enzyme activity in homozygote lymphocytes in response to increasing doses of supplemental selenium. Total cell extracts were analyzed for GPx-1 protein levels by Western blotting with an antihuman GPx-1 mAb, and the filter was reprobed with anti-β-actin antibodies as an indication of equal loading of protein on the gel.
GPx-1 alleles had a profound effect on protein structure and that there were additional temperature-sensitive structural changes in these proteins as a function of selenium availability.

Mutation of Tyr-96 from a tyrosine to a phenylalanine does not change GPx-1 activity in MCF-7 cells. One possible means by which polymorphisms or selenium availability might affect GPx-1 activity is by posttranslational modification. A tyrosine at GPx-1 codon 96 has been reported to be phosphorylated by the abl and arg tyrosine kinases, resulting in the activation of that enzyme (30). Analysis of each of the four GPx-1 alleles immunoprecipitated from total protein extracts failed to reveal evidence for phosphorylation (a) using anti-phosphotyrosine antibodies, (b) using the Pro-Q Diamond phosphoprotein detection system, or (c) by assessing changes in GPx-1 mobility by gel electrophoresis following phosphatase treatment (data not shown). In addition, GPx-1 proteins immunoprecipitated from the allele-specific transfectants were analyzed by MS. The sequences of the peptide fragments were confirmed by comparison with the known human GPx-1 sequence. Tyrosine phosphorylation of peptides may be identified by mass shifts of 80 kDa; however, no phosphorylated peptides were detected (data not shown).

To investigate a possible role of phosphorylation of Tyr-96 of GPx-1, a derivative expression construct in which Tyr-96 was converted to phenylalanine by in vitro mutagenesis was generated and transfected into MCF-7 cells. Lysates containing both Tyr-96 GPx-1 and Phe-96 GPx-1 were assayed for GPx-1 enzyme activity (Fig. 5A) and normalized to the amount of protein observed by Western blotting of the same extracts (Fig. 5B). Mutation of Tyr-96 to a phenylalanine did not affect the enzyme induction with 100 nmol/L selenium or the specific activity determined by normalizing the enzymatic activity by the amount of protein obtained from the Western blot (Fig. 5C).

### Discussion

The studies described herein investigated the genetic and molecular determinants of GPx-1 enzyme activity. Overexpression of GPx-1 is associated with a wide range of effects, including the prevention of apoptosis, the protection against toxicity, and the reduction of DNA damage (31–36). Too much GPx-1 activity may also have adverse effects, as exemplified by a recent report indicating that its overexpression can disrupt mitochondrial function (37). Given the human epidemiologic data indicating significant associations between polymorphisms in GPx-1 and the risk of several cancer types, the levels of GPx-1 activity in a single cell type, lymphocytes, were examined at standard culturing conditions and following supplementation of the culture media with selenium in a collection of human lymphocyte cell lines. Previous sequence analysis of the DNA from these lines revealed multiple polymorphisms within the GPx-1 gene (24), and with the additional data indicating the number of alanine repeats, there was a lack of discernable pattern between genotype and GPx-1 activity, both in the presence and in the absence of supplemented selenium. This variation could be due to a wide range of possible differences among the cellular environments within the cell lines examined, including direct and indirect effects on transcriptional/translational regulation or potential protein binding partners, changes that may have developed during the passage of the lines. To minimize the number of variables involved in GPx-1 regulation, expression of allelic variants from a transfected construct was achieved in the MCF-7 cell line that expresses marginal endogenous GPx-1 activity.
The MCF-7 transfectants, expressing combinations of the Pro198Leu and alanine-repeat variations, showed increased GPx activity with increasing selenium supplementation to the culture media, as is generally seen for cells grown in culture (26, 28, 38–41) as well as the lymphocyte lines examined here. Whereas the amount of selenomethionine achieving the same induction as with selenite was higher, the patterns of induction for each individual haplotype were very similar. Selenomethionine is converted to H$_2$Se through transulfuration and β-lyase cleavage, whereas selenite interacts with glutathione to form selenodiglutathione, which is subsequently reduced to H$_2$Se. H$_2$Se derived via both pathways can be converted to selenophosphate, which is then used in the synthesis of selenoproteins. This difference in selenium metabolism is likely to account for the greater efficiency of induction of selenite over selenomethionine, as has been reported.

Figure 4. GPx-1 allelic variation influences thermostability of the protein. A, the GPx enzyme activity remaining after incubation of cellular extracts of the indicated transfectant at 55°C was expressed as a percentage of the control activity obtained when the same extract was maintained at 4°C. B, solid lines, amount of remaining GPx activity without supplemental selenium; dashed lines, parallel study in which cells were preincubated with 30 nmol/L sodium selenite for 3 d before harvesting. Points, mean of three independent experiments; bars, SD. The mean activity levels for all isoforms were different from each other (P < 0.01).

Figure 5. Mutation of Tyr at codon 96 of GPx-1 does not affect GPx-1 activity. A GPx-1 mutant (A5/Leu-96F) lacking tyrosine codon 198 was compared with MCF-7 cells transfected with the unmodified A5/leu expression construct. The media of both transfectants were supplemented with 100 nmol/L sodium selenite for 3 d as indicated and GPx-1 activity was determined. A, GPx-1 activity obtained after 3 d in 100 nmol/L sodium selenite. B, GPx-1 was quantified by band density on the Western blot film. Data were expressed as GPx-1 band density relative to β-actin band density of the same sample. C, specific GPx-1 activity was measured by normalizing enzyme activity to GPx-1 protein levels determined by Western blot analysis. Columns, mean (n = 3); bars, SD.
for a variety of cell types (42–44). In all cases, the increase in enzyme activity was paralleled by an increase in the amount of GPx-1 protein as determined by Western blotting. Using MCF-7 cells transfected with a GPx-1 expression construct, it was previously reported that the increase in protein obtained by selenium supplementation occurred without an increase in steady-state GPx-1 mRNA levels (25), and neither form of selenium used (Fig. 3) resulted in an increase in GPx-1 mRNA as determined by real-time PCR (data not shown).

After addition of selenium in the form of either selenite or selenomethionine, GPx-1 enzyme activity increased to a similar degree as that for the A5/Pro, A7/Leu and A7/Pro alleles, but the induction obtained was much greater for the A5/Leu GPx-1 variant. Whereas the studies reported herein were conducted using H_2O_2 as the GPx-1 substrate, similar patterns of induction were obtained using a different substrate, cumene hydroperoxide (data not shown). It has been suggested that the Pro198Leu polymorphism may have a profound effect on the conformation of GPx-1 (17), and the variable number of alanine repeats may also affect protein structure and stability (23). Both the NH_2 terminus of the protein containing the alanine repeats and the COOH terminus including the Pro198Leu polymorphism reside on the outer surface of each of the four subunits that compose the functional protein (45, 46). The distinct response to selenium of the A5/Leu variant as compared with the others investigated here indicates that there is an interaction between these two positions that ultimately influences activity. Whereas such an interaction could affect the conformation, stability, or perhaps the subcellular localization of the protein (i.e., to the mitochondria), it is also possible that the identity of the amino acids at these positions affects the interaction of GPx-1 with other cellular proteins given that assays were conducted using whole-cell extracts. Future studies to investigate the effect of allelic differences in protein structure on GPx-1 enzyme function will be done on purified protein to determine any contributions of the identity of the amino acid at codon 198 to enzyme kinetics and/or interaction with other cellular proteins.

Previous work has shown that phosphorylation of GPx-1 at Tyr-96 by the c-arg or c-abl tyrosine kinases results in the activation of the protein (30). However, using GPx-1 obtained from MCF-7 transfectants, no evidence of phosphorylation could be found. In addition, changing the tyrosine at position 96 to phenylalanine did not alter the response of the protein to selenium or its specific enzyme activity. One possible explanation for the differences observed is that the previous work showing GPx-1 phosphorylation was conducted using a derivative GPx-1 in which the active-site selenocysteine was converted to a cysteine, and these previous studies were done in a human embryonic kidney epithelium cell line (30) as compared with the breast carcinoma cells used here.

The surprising interaction between the GPx-1 Pro198Leu and alanine-repeat variations raises some interesting possibilities with regard to cancer risk in humans. There have been several reports showing an association between the leu allele of GPx-1 and the risk of cancer at several different sites, although not all studies have seen this relationship. One particular study reported associations between the leu allele and both lower GPx-1 enzyme activity and the risk of breast cancer (47). The in vitro studies presented here used doses in the nanomolar range to distinguish the allelic responses to selenium supplementation, only a few-fold higher than the total selenium in the culture media provided in the FBS. In contrast, human serum typically contains approximately 1 to 2 μmol/L selenium, but much of this is in the form of selenoproteins such as the plasma GPx (GPx-3) and selenoprotein P, and the selenium concentration in specific organs can be considerably less, as has been reported for prostate tissue, for example (48). Therefore, individuals with the A5/Leu genotype may experience a more dramatic decline in GPx-1 activity under conditions of moderate selenium deficiency than individuals with the other GPx-1 genotypes. Although few studies have examined the interaction between both the codon 198 polymorphism and the number of alanine repeats with regard to cancer risk, it is noteworthy that Knight and colleagues (23) reported that premenopausal women with the A5/Leu genotype were at a higher risk of breast cancer as compared with women whose DNA encoded a GPx-1 with 6 or 7 alanine codons.

Recently, the large prostate cancer prevention trial SELECT was terminated early in part due to a lack of efficacy of selenium provided in the form of selenomethionine (6). These results were in contrast to results from an earlier supplementation study using the same dose of selenium (200 μg/d), but in a different form (selenized yeast), which indicated that men in the lowest tertile of selenium status saw a significant decline in prostate cancer incidence (3, 49). In addition to the difference in forms of selenium used in these trials, the baseline plasma selenium status of participants in both these trials was considerably different, averaging 114 ng/mL (1.44 mmol/L) for the NPC trial (3) and 135.0 ng/mL (1.71 mmol/L) for SELECT (6). These contrasting results, when taken together with the in vitro data presented here showing allelic differences in the activity of GPx-1, an enzyme implicated in cancer etiology and in its response to selenium availability, indicate that it is possible that the benefits of selenium supplementation in the reduction of prostate and perhaps other cancers might become apparent when cohorts are stratified by both GPx-1 genotype and selenium status.

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

Acknowledgments

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References


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