Obesity and Overfeeding Affecting Both Tumor and Systemic Metabolism Activates the Progesterone Receptor to Contribute to Postmenopausal Breast Cancer

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Abstract
Obese postmenopausal women have increased risk of breast cancers with poorer clinical outcomes than their lean counterparts. However, the mechanisms underlying these associations are poorly understood. Rodent model studies have recently identified a period of vulnerability for mammary cancer promotion, which emerges during weight gain after the loss of ovarian function (surgical ovariectomy; OVX). Thus, a period of transient weight gain may provide a life cycle–specific opportunity to prevent or treat postmenopausal breast cancer.

We hypothesized that a combination of impaired metabolic regulation in obese animals prior to OVX plus an OVX-induced positive energy imbalance might cooperate to drive tumor growth and progression. To determine if lean and obese rodents differ in their metabolic response to OVX-induced weight gain, and whether this difference affects later mammary tumor metabolism, we performed a nutrient tracer study during the menopausal window of vulnerability. Lean animals preferentially deposited excess nutrients to mammary and peripheral tissues rather than to the adjacent tumors. Conversely, obese animals deposited excess nutrients into the tumors themselves. Notably, tumors from obese animals also displayed increased expression of the progesterone receptor (PR). Elevated PR expression positively correlated with tumor expression of glycolytic and lipogenic enzymes, glucose uptake, and proliferation markers. Treatment with the antidiabetic drug metformin during ovariectomy-induced weight gain caused tumor regression and downregulation of PR expression in tumors. Clinically, expression array analysis of breast tumors from postmenopausal women revealed that PR expression correlated with a similar pattern of metabolic upregulation, supporting the notion that PR+ tumors have enhanced metabolic capacity after menopause. Our findings have potential explanatory power in understanding why obese, postmenopausal women display an increased risk of breast cancer. Cancer Res; 72(24): 6490–6501. ©2012 AACR.
all of which have been shown to promote tumor cell growth (17). This tumor-promoting humoral milieu is predicted to be exacerbated in obese patients because of the preexisting impairment in energy metabolism.

We have studied the impact of premenopausal obesity on postmenopausal breast cancer outcomes in an experimental paradigm that merges models of obesity (10, 18, 19), mammary tumorigenesis (20, 21), and menopause (ovariectomy; OVX; ref. 22). In that study, an effect of premenopausal obesity on tumor promotion emerged during the period of rapid, OVX-induced weight gain (23). In the present study, we used this model and found that premenopausal obesity status and menopause-induced overfeeding influence mammary tumor glucose and fatty acid metabolism, and identified a putative novel role for progesterone receptor (PR) in mediating these effects.

Materials and Methods

Animals

Female Wistar rats (100–125 g; 5 weeks) purchased from Charles River Laboratories were individually housed in metabolic cages at 22 to 24°C and 12:12-hour light-dark cycle with free access to water. To induce obesity, rats were maintained on purified high-fat diet (HF; 46% kcal fat; Research Diets, RD#D12496). All animal procedures were approved by the Institutional Animal Care and Use Committee.

Obesity and postmenopausal breast cancer model

Rats were injected with 1-methyl-1-nitrosourea (MNU, 50 mg/kg) at 52 ± 1 days of age to induce mammary tumor formation, as previously described (23). MNU was purchased by the NCI Chemical Carcinogen Reference Standards Repository operated under contract by Midwest Research Institute (N02-CB-07008). From 10 to 18 weeks of age, rats were ranked by their rate of weight gain in response to the HF diet. Rats in the top and bottom tertiles of weight gain were classified as obesity-prone (OP) and obesity-resistant (OR), respectively, and matured to produce obese and lean animals: Rats from the middle tertile were classified as obesity-prone (OP) and obesity-resistant (OR), respectively; Thermo-Fisher). Urinary nitrogen was estimated free fatty acids (Wako Chemicals), glucose, triglycerides, and total cholesterol (#TR15421, TR22321, and TR13521, respectively; Thermo-Fisher). Colorimetric assays were used to measure free fatty acids (Wako Chemicals), glucose, triglycerides, and total cholesterol (#TR15421, TR22321, and TR13521, respectively; Thermo-Fisher). Urinary nitrogen was estimated from measurements of urea and creatinine in 24-hour urine collections as described (18, 19).

Quantitative real-time-PCR

RNA was isolated from pre-OVX tumor FNAs and post-OVX pulverized tumors using TRIzol (Invitrogen), and quantitative real-time (qRT) PCR was conducted as described (26) using primer/probe sets shown in Supplementary Table S1. Total RNA was reverse-transcribed using the Verso cDNA Synthesis Kit (Thermo-Fisher). Transcript copy numbers were calculated using the standard curve method (26), and expressed relative to actin. Targets that amplified below the standard curve were not considered to be expressed.
Targeted PCR arrays

Genes involved in glucose and fatty acid metabolism were analyzed in end-of-study tumors using pathway-focused PCR arrays (PARN-006 and PARN-007, respectively; SABiosciences) following the manufacturer’s instruction. Data were normalized to the mean expression of 2 housekeeping genes (Rplp1 and Rpl13a) using the comparative Ct method.

Immunohistochemistry and Western blotting

Mammary tumors were classified histologically by the criteria of Young and Hallowes (27) and only adenocarcinomas were included in the subsequent analyses. Western blotting for PR was conducted using standard protocols (Supplementary Methods). Mammary tumors (56 tumors, 2 sections/tumor, 8–10 fields/section) were stained using immunohistochemistry (IHC) for estrogen receptor-α (ER-α), PR, and Ki-67. Antibodies/conditions are summarized in Supplementary Table S2. ER and PR positivity were scored using Allred scoring, and Ki-67 quantification was conducted using Aperio analysis software as described (28).

Adipocyte cellularity

At sacrifice, retroperitoneal and tumor-free inguinal mammary fat pads were removed, weighed, and a portion of each was immediately processed to characterize adipocyte cellularity as described (ref. 10; see Supplementary Methods).

Metformin intervention

A separate cohort of obese adult rats entered the OVX phase of the study based on tumor burden, at which time they were randomized to either metformin (2 mg/mL in the drinking water; n = 11) or control (water only; n = 9) groups. Metformin treatment was initiated one week before OVX, and was maintained for study duration. At the time of OVX, mammary tumors were biopsied by FNA. Body weight and tumor volumes were monitored weekly for the duration of the study.

Figure 1. Effect of obesity and excess energy on tissue-specific fuel preference. Energy intake and total energy expenditure (A) and energy imbalance (intake – expenditure; B) for low and high energy excess groups (n = 7–9/group). C, uptake of glucose (3H-2DOG) relative to retention of dietary fat (14C-oleate/14C-palmitate) in mammary glands and tumors under low (black) and high (white) energy excess conditions (n = 59 tumors). D, adipocyte size frequency distributions of lean and obese mammary adipose tissues. More than 10,000 cells were isolated from 26 rats for the χ² analysis. (*, P < 0.05).
Impact of Obesity and Overfeeding on Mammary Tumor Metabolism

Analysis of human PR+ tumors

Seven publicly available microarray datasets of human breast cancers (29–35) were analyzed to determine whether PR status correlated with changes in expression of genes comprising specific metabolic pathways in human tumors. Datasets were downloaded from the National Center for Biotechnology Information Gene Expression Omnibus database (http://www.ncbi.nlm.nih.gov/geo/). These gene expression profiles are from patients with breast cancer that include a range of ages and PR status, as summarized in Supplementary Table S3. Arrays from each dataset were normalized with the robust multichip average (RMA) algorithm (36), and probesets were collapsed to genes by finding the maximum signal for each gene. Each dataset was normalized by mean centering and scaling, and then combined into a single dataset. Because HER2 status was unknown for many tumors, our analysis was restricted to tumors that were ER+/ or PR+ to ensure triple-negative (ER-/PR-/HER2-) tumors were excluded. Thus, analysis included ER+/+, PR+/+, and ER−/−. Samples. Gene set enrichment analysis (GSEA, v. 2.07; ref. 37) was conducted on this combined dataset using Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway definitions obtained from Molecular Signatures Database v. 3.0. All analyses except GSEA were conducted in R/Bioconductor v. 2.8.

Statistical analysis

Unless indicated, data were examined with SPSS 18.0 software by ANOVA or \( \chi^2 \) analysis, for nominal and ordinal data, respectively. Relationships between variables were assessed with the Spearman correlation coefficient. Differences and relationships were considered statistically significant when \( P < 0.05 \). Error bars on all graphs represent SEM.

Results

Baseline characteristics of tumor-bearing rats before OVX

Morphometric and plasma characteristics before OVX are shown in Supplementary Table S4. Obese animals weighed 23% more and had 35% higher percentage of body fat compared with lean animals. Consistent with their increased adiposity, obese animals had significantly higher levels of leptin and triglycerides, and tended to have higher insulin, amylase, glucagon, cholesterol, and nonesterified fatty acids (NEFA). Similar to previous work with this model (23), at the time of OVX, the lean and obese groups did not differ in tumor incidence, burden, or mean number of tumors per animal (Supplementary Table S4).

OVX-induced weight gain

As anticipated, OVX significantly increased the rate of weight gain in all animals (2.8 ± 0.5 g/day). In addition, the maximum rate of weight gain occurred during the 3-week period following OVX, a window of time that we previously characterized as correlating with maximum energy imbalance (23). As expected, total energy expenditure was significantly higher in obese animals, compared with lean (\( P < 0.05 \); Fig. 1A), due to higher total body weight. To dissect the individual contributions of obesity and excess energy, the lean and obese groups were subclassified by mean energy imbalance (intake minus expenditure) during the 48-hour period before sacrifice. Differences in energy imbalance between the low and high energy excess groups, however, were due primarily to increased energy intake in the high energy excess group (\( P < 0.05 \); Fig. 1A). As a result, the lean and obese high energy excess groups experienced an additional 16.2 and 18.7 kcal/day excess, respectively, relative to their low energy excess counterparts (Fig. 1B).

Humoral profiles during OVX-induced weight gain

Obesity-associated insulin resistance impairs the body’s response to metabolic stress. During OVX-induced weight gain, endocrine factors and metabolites reflective of insulin resistance were measured. Obese animals exhibited higher levels of insulin and amylase, and a trend for higher leptin (Supplementary Table S4). These differences were not affected by the extent of overfeeding (low vs. high energy excess; data not shown) suggesting that the obesogenic state before OVX-induced weight gain drives this humoral pattern.

Differential glucose uptake and dietary fat retention in tissues and tumors

We next investigated if adiposity and/or excess energy affected glucose uptake and retention of dietary fat in tumors and peripheral tissues during OVX-induced weight gain. Lean animals showed an increase in glucose uptake in their peripheral tissues (liver, adipose, muscle, and mammary gland) when experiencing a large energy excess (Table 1). In normal, tumor-free inguinal mammary tissue, glucose uptake was more than 70% higher in the lean high energy excess group when compared with the lean low energy excess animals (\( P < 0.05 \)). Increased glucose uptake was also significant in the liver (33%, \( P < 0.05 \)) and trended for skeletal muscle (34%, \( P = 0.13 \)) and retroperitoneal adipose tissue (39%, \( P = 0.11 \)). In addition, we saw a similar trend for increased retention of dietary fat in the peripheral tissues from lean high energy excess animals, but these differences did not achieve statistical significance. These data reflect a normal metabolic response to overfeeding, which allows lean animals to clear and store excess nutrients in peripheral tissues. In obese animals, the converse was found. Despite high levels of insulin and excess nutrients, overfeeding did not affect glucose uptake in normal mammary glands, skeletal muscle, liver or retroperitoneal adipose tissue (Table 1). Dietary fat retention was similarly unaffected by overfeeding in the obese, with the exception of the mammary gland where retention of dietary fat was increased.

Nutrient uptake and retention by mammary tumors in these same animals contrasted the normal mammary tissue. In lean animals, increased energy excess did not affect tumor uptake of glucose or dietary fat. However, in obese animals, where normal tissues were generally unresponsive to changes in energy excess, tumor glucose uptake increased by approximately 50% (Table 1), whereas retention of dietary fat tended to decrease.

The nutrient preference (ratio of glucose uptake to dietary fat retention) of both normal mammary tissue and tumors is shown in Fig. 1C. This comparison emphasizes that, in response to excess energy, mammary tissue in lean animals
increases uptake of glucose relative to fat, yet these glands in the obese are unresponsive (Fig. 1C, left). Conversely, mammary tumors from lean animals do not show a preference for glucose over fat with overfeeding, whereas those in the obese show a significant glucose preference (Fig. 1C, right), characteristic of an "aggressive" metabolic phenotype described as the Warburg effect (38).

Small mammary adipocytes in lean rats may explain increased glucose uptake
Small adipocytes are more responsive to insulin stimulated glucose uptake and inhibition of lipolysis (39). We compared adipocyte size in both lean and obese animals during OVX-induced weight gain. Lean rats had a higher proportion of small adipocytes (<30 μm) in their mammary glands, when compared with the obese animals (Fig. 1D). This is consistent with the increased glucose uptake observed in the mammary gland of these animals during overfeeding.

Obesity increases tumor PR expression
Tumor FNAs, obtained immediately before OVX, were evaluated for expression of ER-α, PR, and HER2, and RNA levels of ER-α and HER2 were not different between the lean and obese groups. However, tumors from obese rats had a significantly higher expression of PR than those from the lean (Fig. 2A). PR expression did not seem estrogen dependent, as expression of classical estrogen-responsive genes were not similarly induced (data not shown). These data show that obesity before OVX enhances tumor expression of PR.

The expression of ER-α, PR, and HER2 was also analyzed at end of study (Fig. 2B). Similar to the pre-OVX expression, PR RNA expression trended and staining by IHC was increased significantly only in the obese high energy excess group compared with the lean high energy excess group, with no differences observed under low energy excess conditions (Fig. 2B–D). Western blotting confirmed PR-A as the dominant isoform present (Fig. 2G).

PR expression correlates with tumor glucose uptake, proliferation, and a glycolytic profile
Having identified tumor PR expression as a distinguishing characteristic of obese animals, we examined the proliferative and metabolic characteristics associated with PR+ tumors based on immunohistochemical classification. PR+ tumors had 2.4 times more Ki-67–positive cells compared with PR– tumors (Fig. 2E and F, P < 0.05), suggesting a higher rate of proliferation in PR+ tumors. PR+ tumors exhibited approximately 50% increase in glucose uptake and lower retention of dietary fat under high energy excess conditions, when compared with PR– tumors (Fig. 2H and I), suggesting a putative role for PR in mediating glucose uptake. In addition, fatty acid synthase (FASN) expression was higher in the PR+, high energy excess tumors (Fig. 2J); in contrast, expression of the fatty acid transporter Slc27a3 was lower in these same tumors (P < 0.05; data not shown).

To further understand the relationship between PR and fuel metabolism in tumors, we measured expression of genes involved in glucose and fatty acid metabolism pathways. PR+ tumors exhibited higher expression of genes involved in the pentose phosphate pathway (Fig. 3A), glycogen use (Fig. 3B), glycolysis (Fig. 3C), and the TCA cycle (Fig. 3D). Many of these genes were further increased in response to overfeeding. These differences (summarized in Fig. 4) suggest that tumor PR expression is associated with a higher glycolytic capacity, an

| Table 1. Glucose uptake and dietary fat retention in tumors and peripheral tissues during OVX-induced weight gain |
|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|
| Lean Low energy excess | High energy excess | Lean Low energy excess | High energy excess |
| 2-Deoxy-glucose uptake (μmol/g/min) | &nbsp; | &nbsp; | &nbsp; |
| Tumor | 0.34 ± 0.04 | 0.34 ± 0.04 | 0.28 ± 0.03 | 0.41 ± 0.04<sup>d</sup> |
| Mammary gland<sup>a,b,c</sup> | 0.11 ± 0.03 | 0.38 ± 0.11<sup>d</sup> | 0.07 ± 0.01 | 0.12 ± 0.03 |
| Skeletal muscle | 0.17 ± 0.04 | 0.27 ± 0.03 | 0.25 ± 0.06 | 0.25 ± 0.04 |
| Liver | 0.22 ± 0.02 | 0.30 ± 0.02<sup>d</sup> | 0.29 ± 0.04 | 0.28 ± 0.03 |
| Retroperitoneal Fat | 0.03 ± 0.00 | 0.10 ± 0.01 | 0.04 ± 0.01 | 0.04 ± 0.01 |
| Dietary fat retention (cal/g/24h) | &nbsp; | &nbsp; | &nbsp; | &nbsp; |
| Tumor | 16.52 ± 2.95 | 20.89 ± 5.99 | 26.97 ± 6.63 | 15.05 ± 2.91 |
| Mammary gland<sup>b</sup> | 124.53 ± 33.93 | 165.99 ± 28.16 | 94.05 ± 31.41 | 140.53 ± 16.54<sup>d</sup> |
| Skeletal muscle | 8.36 ± 0.82 | 9.98 ± 1.07 | 8.50 ± 1.31 | 8.39 ± 0.70 |
| Liver | 106.66 ± 10.51 | 134.44 ± 9.43 | 112.37 ± 8.80 | 109.64 ± 8.39 |
| Retroperitoneal fat | 196.67 ± 58.68 | 299.03 ± 83.45 | 143.92 ± 22.28 | 162.04 ± 13.94 |

NOTE: Tumors, n = 12–19/group; tissues, n = 7–9/group.
<sup>a</sup>Effect of obesity, determined by ANOVA.
<sup>b</sup>Effect of energy excess, determined by ANOVA.
<sup>c</sup>Effect of interaction of obesity and energy excess, determined by ANOVA.
<sup>d</sup>P < 0.05, low vs. high energy excess.
increased ability to produce energy via the pentose phosphate shunt, and enhanced capacity for de novo lipogenesis, thereby allowing PR+ tumors to use any available fuel source for survival and growth.

**Metformin treatment improves tumor outcomes**

Given that tumor uptake of excess nutrients in obese rats was correlated with the inability of peripheral tissues to clear and store excess nutrients, we hypothesized that...

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**Figure 2.** Characteristics of tumors. mRNA level of ER-α, PR, and Her2 in tumor biopsies taken before OVX (n = 34 tumors; A) and tumors during OVX-induced weight gain under high energy excess conditions (−27 kcal/day excess; B). C, levels of ER-α and PR in tumors measured with immunohistochemistry (n = 12–19 tumors/group). D and E, representative images of PR and Ki-67 immunostaining, with insets showing normal duct as positive control; bar, 25 μm. F, quantification of Ki-67 staining. G, representative Western blot analysis showing PR-A predominance in mammary tumors; uterus and T47D cells as positive controls. H–J, quantification of in vivo uptake of glucose (3H-2DOG) and dietary fat (14C-oleate/14C-palmitate), and FASN expression in PR+ and PR− tumors under low (−9 kcal/day excess) or high (−27 kcal/day excess) energy excess (n = 55 tumors). *, P < 0.05.
improving the whole-body metabolic response to overfeeding would decrease tumor burden. To test this hypothesis, obese animals were treated with the commonly used anti-diabetic drug metformin, which improves insulin sensitivity in individuals with type 2 diabetes (40). Tumor burden 3 weeks after OVX was significantly lower in animals receiving metformin (Fig. 5A). Metformin treatment also significantly lowered tumor PR expression without affecting ER-α or HER2 expression (Fig. 5B). Together, these data suggest a potential role for metformin in targeting PR-driven tumor metabolism and reducing tumor burden during OVX-induced weight gain.

**Figure 3.** Expression of metabolism-related genes in tumors at sacrifice. Twenty genes were affected by PR (+), energy excess (†), or their interaction (‡) including those involved in pentose phosphate pathway (A), glycogen use (B), glycolysis (C), and TCA cycle (D).

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Human PR+ tumors have enhanced metabolic capacity

To determine whether the metabolic changes identified in PR+ tumors from our rodent model extended to human breast cancers, we analyzed 7 publicly available microarray datasets of breast tumors (29–35), resulting in a combined 1,434 tumors, with 585 cases identified as occurring in postmenopausal women (55–75 years of age; Supplementary Table S3). Patients included in our analysis were diverse with respect to time since menopause, BMI, genetic background, and energy balance under which tumors were obtained. When compared with PR− tumors, PR+ tumors showed increased expression of genes involved in carbohydrate and protein metabolism, nucleotide synthesis, heme synthesis, ATP production, and cell growth (Table 2). Notably, this enrichment in carbohydrate and protein metabolic genes indicates that PR+ tumors from postmenopausal women have developed the metabolic infrastructure to use any fuel source that becomes available for subsequent energy production and to generate the building blocks required for cell growth/proliferation, thus corroborating our findings in the rat model.

Discussion

This is the first study to examine the combined effects of obesity and overfeeding on the molecular and metabolic characteristics of tumors after the loss of ovarian function. In lean animals, peripheral tissues, including the mammary gland, respond to a positive energy imbalance with increased uptake of both glucose and fat, whereas their tumors showed no change in nutrient uptake. In contrast, peripheral tissues from obese animals showed little response in glucose or fat uptake but their tumors exhibited much higher glucose uptake. The impaired metabolic response to excess energy in peripheral tissues of the obese animals was accompanied by higher circulating levels of growth factors and metabolites known to promote tumor survival and growth.

![Figure 4. Summary of changes in PR+ tumors, relative to PR− tumors following OVX-induced weight gain. Data represents significant changes (*) and trends (†, P < 0.10) as identified via qRT-PCR or PCR arrays.](image)
addition, tumors that developed in an obesogenic environment had increased expression of PR before OVX that was maintained during the critical window of OVX-induced weight gain. The elevated tumor PR expression was associated with increased glucose uptake, a glycolytic–lipogenic gene expression profile, and higher proliferation. Metformin is associated with increased breast cancer survival in diabetic patients (41) and is known to improve metabolic regulation (40). While causality was not established, a role for PR in enhancing the metabolic capacity of tumors is supported by our findings in both rodents and human tumors. Together, these observations support a dual impact of obesity on postmenopausal tumor promotion by: (i) altering the metabolic and proliferative characteristics of tumors before OVX through increased PR expression; and (ii) impairing the metabolic response to excess energy in peripheral tissues while enhancing nutrient uptake by tumors. Thus, obesity and overfeeding may converge to enhance tumor survival and growth, despite the loss of ovarian sex hormone production.

We have previously reported that obese rodents experience fluctuations in energy balance over the estrous cycle that are longer in duration and larger in magnitude than those experienced by their lean counterparts (22). This repeated cycle of metabolic extremes, with nutrient excess and deprivation coinciding with low and high levels of estrogen and progesterone, respectively, may elicit adaptations in tumors that make them more flexible to the dramatic environmental changes during menopause. Obesity-induced PR expression in tumors could be one such adaptation. PR is a well-known target of estrogen, raising the possibility that higher levels of estrogens in the obese could be responsible for the PR phenotype of tumors. However, we have found no differences in levels of circulating estrogens between lean and obese animals after OVX in this model (22, 23), and PR expression was observed in the absence of estrogen-responsive genes. These data show that the obesogenic state before OVX influences tumor expression of PR, and this increase in PR is sustained during OVX-induced weight gain. Estrogen-independent changes in PR are not without precedent. In normal mammary epithelial cells, PR expression has been shown to downregulate PR expression in an ER-independent manner (42). In addition, IGF has been shown to downregulate PR expression in an ER-independent manner (43). Thus, while both our data, and the work of others, support the possibility for estrogen-independent increases in PR in tumors with obesity, local tissue measurements of estrogen that are focused in tumor-bearing glands (44) or stromal vascular subfractions enriched with preadipocytes (45) may provide additional insight into estrogen’s role in this effect.

High tumor PR expression, as observed in obese animals with overfeeding, is associated with a glycolytic–lipogenic phenotype typical of aggressive tumors (46, 47). Independent of tumor type, the transformed state is characterized by the ability of tumor cells to consume glucose at a higher rate than normal cells. Much of this glucose is metabolized through glycolysis to lactate, which occurs even under conditions where oxygen concentrations are sufficient to support mitochondrial oxidative phosphorylation. This attribute of tumors is generally referred to as the “Warburg effect” (38, 47). Importantly, we show that the association between tumor PR expression and a glycolytic–lipogenic gene expression profile is not limited to our rodent model, as our analysis of clinical tumor datasets shows that PR+ tumors from postmenopausal women also have a gene expression profile consistent with enhanced metabolic flexibility. Data from both the Women’s health initiative (WHI) and the Nurses’ health study further support progesterone and/or PR’s role in postmenopausal breast cancer. Postmenopausal women receiving the combination of estrogen and progesterone, but not estrogen alone, have a reported 24% increased risk of invasive breast cancer compared with placebo (48), and PR, but not ER expression, has been independently associated with BMI after menopause (49).

In addition to “priming” the tumor, obesity may also “prime” the body to create an environment conducive to tumor survival and growth during OVX-induced weight gain. Obesity is commonly associated with metabolic dysregulation, reflected by insulin resistance, impaired glucose tolerance, dyslipidemia, and inflammation. Collectively, these factors underlie the metabolically inflexible state associated with obesity (9), in which there is little or no regulatory response to common metabolic challenges (fasting, exercise, and insulin infusions). We have also observed this impaired response with obesity during sustained periods of overfeeding (10, 24, 25). The consequence of an impaired response to

Figure 5. Effects of metformin on tumors in obese animals. A, tumor burden after treatment with metformin for 3 weeks post-OVX. B, tumor receptor status after 1 week of metformin, (*, *P < 0.05).
OVX-induced overfeeding in the present study is that tumors in obese animals would be bathed in high levels of nutrients and growth factors known to promote tumor survival and growth. For example, leptin, which has been shown to activate proliferative pathways and upregulate expression of ER-α (reviewed in ref. 17), has been implicated in the pathogenesis and progression of breast cancer (48, 50). Our data showed an increase in circulating leptin in obese rats before OVX, and at the end of OVX-induced weight gain. Similarly, obese animals in this study had higher insulin levels than lean animals, which has also been associated with tumor promotion and increased cancer risk (50). Our observations, however, likely underestimate the tumorigenic potential of serum factors as blood was collected in the latter part of the rats’ light cycle, when food consumption is lowest. Additional studies that obtain hormone, cytokine, and metabolite measurements during the dark cycle, when food consumption is greatest may reveal more profound postprandial differences between lean and obese animals and could speak to the differences in tumor promotion we have reported.

Together with our previous work, these studies provide evidence that obesity promotes breast cancer after menopause in two ways. First, by increasing tumor expression of PR, obesity may make tumors better prepared to adapt to the extreme metabolic state of excess nutrients and loss of sex hormone production during menopause. Second, the impaired metabolic state that is characteristic of obesity decreases the ability for peripheral tissues to respond to an influx of excess energy, effectively providing tumors with greater exposure and/or access to nutrients and circulating factors that facilitate tumor survival and growth. These effects of obesity likely converge during OVX/menopause-induced weight gain to enhance tumor survival and growth.

### Table 2. Metabolic pathways enriched in PR+ breast tumors

<table>
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<tr>
<th>KEGG-defined pathway</th>
<th>Nominal enrichment score (tumors from postmenopausal women)</th>
<th>P value</th>
<th>Significant in PR+ tumors from all ages</th>
<th>Functional role</th>
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</tr>
<tr>
<td>Ascorbate and aldarate metabolism</td>
<td>1.42</td>
<td>0.091</td>
<td>*</td>
<td>Carbohydrate metabolism</td>
</tr>
</tbody>
</table>

NOTE: GSEA of microarrays from human breast tumors. Nominal enrichment scores and corresponding P values are shown for KEGG-defined pathways that were enriched or tended to be enriched in tumors from postmenopausal women (n = 585 tumors). Pathways that were also enriched (*, P < 0.05) or tended to be enriched (†, P < 0.1) when the analysis was extended to included breast tumors from women of all ages (n = 1,434 tumors) are indicated.
The loss of ovarian sex hormone production. The window of menopausal weight gain may, therefore, provide a narrowed window during which insulin sensitizers and other interventions that improve metabolic control could be highly efficacious for the treatment and prevention of postmenopausal breast cancer.

Disclosure of Potential Conflicts of Interest
No potential conflicts of interest were disclosed.

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