Endocrine fibroblast growth factor FGF19 promotes prostate cancer progression

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ABSTRACT
Prostate cancer (PCa) is the most common visceral malignancy and the second leading cause of cancer deaths in US men. There is broad evidence that FGF receptors are important in PCa initiation and progression, but the contribution of particular FGFs in this disease is not fully understood. The FGF family members FGF19, FGF21 and FGF23 comprise a distinct subfamily that circulate in serum and act in an endocrine manner. These endocrine FGFs require α-Klotho (KL) and/or β-Klotho (KLB), two related single-pass transmembrane proteins restricted in their tissue distribution, to act as co-receptors along with classic FGFRs to mediate potent biological activity. Here we show that FGF19 is expressed in primary and metastatic PCa tissues where it functions as an autocrine growth factor. Exogenous FGF19 promoted the growth, invasion, adhesion and colony formation of PCa cells at low ligand concentrations. FGF19 silencing in PCa cells expressing autocrine FGF19 decreased invasion and proliferation in vitro and tumor growth in vivo. Consistent with these observations, KL and/or KLB were expressed in PCa cells in vitro and in vivo, raising the possibility that additional endocrine FGFs may also exert biological effects in PCa. Our findings support the concept that therapies targeting FGFR signaling these therapies may have efficacy in PCa and they highlight FGF19 as a relevant endocrine FGF in this setting.

PRECIS
Expression of an endocrine FGF in prostate cancers is found to promote tumor progression, suggesting it may offer a novel therapeutic target.
INTRODUCTION

Prostate cancer (PCa) is the most common malignancy in American men, affecting one in nine men over 65 years of age. Currently there is no effective cure for advanced stages of PCa and it is the second-leading cause of male cancer mortality. Identification of novel endogenous factors responsible for proliferation, migration and invasion of PCa will facilitate the understanding of the biology of PCa progression and the development of new approaches for the diagnosis and treatment of this disease.

The human fibroblast growth factor (FGF) family is composed of 22 structurally related polypeptides. The FGF genes can be divided into three major groups (see (1) for review). FGF1-10, 16-18, 20 and 22 are classical FGFs. They are mitogens that bind strongly to heparin, which is abundant in the extracellular microenvironment, so these FGFs tend to act locally. FGFs 11-14 are not secreted mitogens and they appear to modulate electrical excitability and as such do not appear to play a role in cancer. A major new discovery in the last decade is the characterization of the endocrine FGFs (FGF15/19, FGF21, and FGF23). FGF15 is the mouse homolog of human FGF19 and has analogous functions in mice. This subfamily is secreted into serum and they are stable in this environment which allows them to act in an endocrine fashion (2). Another common feature shared by this atypical FGF family is their requirement for α-Klotho (KL) and/or β-Klotho (KLB), two related single-pass transmembrane proteins with restricted tissue distribution for potent biological activity(3). Both KL and KLB act as co-receptors with the classic FGF receptors (FGFRs) in relevant target tissues to facilitate the FGF-FGFR interaction for endocrine FGFs. The tissue specific actions of the endocrine FGFs are thus modulated by the presence of their specific co-receptors since one or more FGFRs are expressed in most cells. Endocrine FGF subfamily members regulate diverse physiological processes, namely, energy metabolism and bile acid homeostasis (FGF19) (4-5), glucose and lipid metabolism (FGF21)(6), and phosphate and vitamin D homeostasis (FGF23)(7).
The only endocrine FGF that has been examined in cancer is FGF19. Prior to the identification of the KL/KLB binding partners for this subfamily, it was reported that FGF19 displays binding specificity for FGFR4 at relatively high concentrations (2, 8); however, studies in HEK293 and L6 cells show that in the presence of KLB, FGF19 binds and signals through multiple FGFRs (9), with FGFR1 and FGFR4 being more potent than FGFR2 or FGFR3. KL can also act as a co-receptor for FGF19 (10-11) although the exact FGFR specificity has not been determined. Although FGF19 was first reported to be expressed in a colon adenocarcinoma cell line a decade ago (8), its relevance to cancer had not been evident until it was discovered that the transgenic mice overexpressing FGF19 in skeletal muscle develop hepatocellular carcinoma (12), which presumably reflects an endocrine action of the increased levels of circulating FGF19. FGF19 has been found to be co-expressed in a subgroup of primary human liver, colonic and lung squamous carcinomas and in a subset of human colon cancer cell lines (13). An anti-FGF19 monoclonal antibody that selectively blocks the interaction of FGF19 with FGFR4 inhibits growth of colon tumor xenografts in vivo and effectively prevents hepatocellular carcinomas in FGF19 transgenic mice. The efficacy of the antibody in these models is linked to the inhibition of FGF19-dependent activation of FGFR4 and downstream targets FRS2, ERK and β-catenin (14). The inactivation of FGF19 could be beneficial for the treatment of malignancies involving the interaction of FGF19 and FGFRs.

All FGF ligands, including endocrine FGFs, signal through four highly conserved transmembrane tyrosine kinase receptors (FGFR1-4) with differential affinity for various FGF ligands. FGFR signaling has been strongly implicated in prostate tumorigenesis (15). Our laboratory has shown that FGFR1 is expressed in clinically localized PCas based on immunohistochemistry (IHC) and Western blotting of PCa extracts (16). Studies in transgenic mice have shown that chronic FGFR1 activation can lead to adenocarcinoma and epithelial-mesenchymal transition of the cancer cells (17). We (18) and others (19-21) have shown that
there is increased expression of FGFR4 in PCa by immunohistochemistry (IHC) and this has been confirmed by quantitative RT-PCR (Q-RT-PCR). Strong FGFR4 expression is significantly associated with poor clinical outcome (19, 21). For example, recent work by Murphy et al (21) has shown that increased FGFR4 expression is strongly associated with PCa specific death as was decreased expression of the FGFR signaling inhibitor Sef. Thus both correlative studies in human tissues and mouse models strongly support the concept that FGFR1 and FGFR4 both play an important role in PCa.

Our group has previously shown that FGF19 is expressed as a paracrine factor in PCa reactive stroma based on analysis of laser captured normal and PCa stroma (22). However, to date, the role of FGF19 in PCa has not been comprehensively addressed. Our data indicates that FGF19 is expressed in PCa and that FGF19 signaling plays an important role in prostate cancer tumorigenesis and progression.

MATERIALS and METHODS

Cell culture. Human PCa cells PC3, LNCaP, DU145 and VCaP and the immortalized normal prostate PNT1a cells were maintained in RPMI-1640 medium (Invitrogen, Grand Island, NY) supplemented with 10% fetal bovine serum (FBS, Invitrogen) and 1% penicillin/streptomycin. Cell lines were authenticated by STR analysis at MD Anderson Cancer Center Characterized Cell Line Core Facility.

Prostate and prostate cancer tissues. Tissue samples were obtained from Baylor Prostate Cancer Program Tissue Bank and were collected from fresh radical prostatectomy specimens after obtaining informed consent under an Institutional Review Board approved protocol. Laser capture of epithelial and stromal RNAs from frozen tissues was carried out as described previously (22). Paraffin-embedded tissues from these specimens were used to construct small tissue microarrays for immunohistochemistry.
Transfection. Two human GIPZ lentiviral shRNAmir individual clones (V2LHS_50187 and V2LHS_50189) targeting FGF19 and the GIPZ vector clone obtained from Open Biosystems (Lafayette, CO, USA) were transiently transfected into PC3 and DU145 cells with FuGene 6 transfection reagent (Roche, Tucson, AZ, USA) in triplicate in 6-well plates according to manufacturer’s instructions. Stable FGF19 knockdown cell lines were generated by infecting PC3 cells with the two FGF19 GIPZ lentiviral shRNAmir types and selecting with 1ug/ml puromycin in growth medium. GIPZ vector was used to produce the vector control PC3 cells.

Cell Proliferation Assays. To examine the effect of exogenous FGF19, cells were incubated with different concentrations of recombinant FGF19 (R&D Systems, Minneapolis, MN, USA) for 48 or 72 hours in serum free medium. The effect of FGF19 knockdown on PC3 and DU145 cell proliferation was assessed using FGF19 shRNA transient transfection. In brief, DU145 and PC3 cells were plated in 96-well plates, transfected with FGF19 shRNAs and 48 hours later cell proliferation was measured. Viable cell number was determined using the CellTiter 96 Aqueous One Solution Cell Proliferation Assay (Promega, Madison, WI, USA) as described by the manufacturer. Cell viability at 72 hours was assessed by counting viable and nonviable cells based on Trypan blue staining. For stable PC3 FGF19 knockdown cells cell proliferation was determined using a Coulter counter.

Soft agar colony formation assay. Cell suspensions of 5000 cells/ml were prepared in 0.35% agar diluted in growth medium and plated on a 0.6% agar foundation in a 6-well culture plates with different doses of FGF19, 50 ng/ml FGF2 or vehicle only and 20U/ml Heparin at 37°C. After culture for 14 days, cells were stained with 2 mg/ml of p-iodonitrotetrazolium violet (Sigma, St Louis, MO) and colonies were counted with a dissecting microscope.

Cell adhesion assays. Cells were grown in 6-well plates to 80% confluence, starved with serum-free RPMI 1640 for 24 hours and then incubated with a variety of concentrations of
FGF19 or vehicle in serum-free medium in the presence of 20U/ml Heparin at 37°C for 48 hours. Cells were then detached with 0.25% trypsin-EDTA, washed with PBS twice, re-suspended in serum-free medium with 0.5 % bovine serum albumin, counted and seeded with a density of $6 \times 10^4$ per well into 96-well plates pre-coated with 10 ng/ml type I collagen (Sigma) or 1:200 diluted Matrigel (R&D Systems) followed by pre-blocking with 1% bovine serum albumin. After incubation at 37°C for 1 hour, unbound cells were washed away and the number of cells was quantitated with CellTiter 96 Aqueous One Solution Cell Proliferation Assay.

Matrigel Invasion Assays. To evaluate the effect of FGF19 on cell invasion, we performed invasion assays using BD BioCoat Matrigel invasion chambers (Becton Dickinson, Franklin Lakes, NJ, USA). After incubation with 25 ng/mL of FGF19 or vehicle only and 20U/ml of Heparin for 24 hours (PC3), 36 hours (DU145), or 72 hours (LNCaP and PNT1a), non-invading cells in the upper chambers were removed and the invading cells on the lower surface of the membrane were fixed and stained with Diff-Quik stain. The membranes were mounted on slides and scanned, photographed and all cells were counted.

Xenograft tumors. Male nude mice were injected over each flank with either PC3 with FGF19 knockdown or vector controls cell (2X10^6 cells/site). Tumor volume was measured twice weekly using calipers. All procedures were carried out in accordance with the IACUC approved protocol.

RT-PCR and quantitative RT-PCR. To examine expression of FGF19, KL, KLB or FGFR4 mRNA in human PCa cell lines and/or patient PCa and benign prostate samples, we carried out RT-PCR or quantitative real-time RT-PCR (Q-RT-PCR). Total RNA was extracted from cell lines using the RNeasy kit (Qiagen, Valencia, CA, USA). cDNA was synthesized using an iScript cDNA Synthesis kit (Bio Rad) with a blend of Oligo(dT) and random hexamer primers. Q-RT-PCR was performed according to a qPCR SybrGreen real time protocol on the IQ5 iCycler.
Primer sequences and PCR conditions are summarized in Supplementary Table 1. All data were normalized to HPRT expression. Each measurement point was repeated at least in triplicate for three samples and the average and standard deviation were calculated. HPRT was used as a control mRNA.

**Western Blot.** Total cellular protein lysate was prepared as described previously (23). Briefly, cells were lysed in modified RIPA buffer containing Tris 50 mM, NaCl 150 mM, Triton X-100 1%, SDS 0.1%, deoxycholate 0.5%, sodium orthovanadate 2 mM, sodium pyrophosphate 1 mM, NaF 50 mM, EDTA 5 mM, PMSF 1 mM and 1x protease inhibitor cocktail (Roche) and clarified by centrifugation. Protein concentration of the lysates were determined using BCA protein assay kit (Thermo Scientific, Waltham, MA, USA). 40μg of the extracted protein from each sample was subjected to electrophoresis in 10% to 15% SDS PAGE, dependent on the molecular weight of the proteins to be analyzed. Proteins in the gels were transferred onto Immobilon-P polyvinylidene difluoride membranes (Invitrogen) and subjected to Western blotting with different antibodies. The antibodies (Ab) were from Cell Signaling Technology Inc (Danvers, MA, USA) and included: phospho-FRS2 (Tyr196) rabbit polyclonal antibody; phospho-p44/42 MAPK (p-Erk1/2) rabbit mAb; p44/42 MAPK (Erk1/2), phospho-p38 MAPK (Thr180/Tyr182) rabbit mAb, phospho-MEK1/2 (Ser217/221) rabbit mAb, MEK1/2 rabbit mAb, phospho-AKT (Ser473) rabbit mAb, phospho-AKT (Thr308) rabbit mAb, and total AKT rabbit mAb. All were used at a 1:1000 dilution. A goat polyclonal anti-β-actin antibody (Santa Cruz Biotech, Santa Cruz, CA) was utilized at 1:1000 as loading control. After incubation with primary antibodies for overnight at 4°C or for 1 hour at room temperature, horseradish peroxidase–labeled secondary antibodies were then applied to the membranes for 1 h at room temperature. Signals were visualized using enhanced chemiluminescence Western blotting detection reagents (Thermo).
**Immunohistochemistry.** FGF19 immunohistochemistry (IHC) was carried out using the general procedures described previously (24). Antigen retrieval was performed in Tris-EDTA, pH 9.0 for 20 minutes in steamer followed by 20 minutes cooling at room temperature. Anti-FGF19 antibody (R&D Systems, mouse monoclonal, catalog number MAB969) was incubated with sections at a 1:1200 dilution at 4°C overnight. Detection was carried out at room temperature using a PolyVue Polymer detection system (Diagnostic BioSystems) according to manufacturers directions. The positive control was paraffin-embedded DU145 cells and the negative control was PNT1a cells. An additional negative control included incubation of prostate tissues with no primary antibody. Immunohistochemistry for KL was performed as for FGF19 except primary antibody (Calbiochem, San Diego, CA, USA, rabbit polyclonal, catalog number 423500) was incubated at 1:100 overnight at 4°C. Positive control was normal kidney. Negative control was performed with no primary antibody for both kidney and prostate tissue.

**FGF19 Enzyme-linked immunoabsorption assay (ELISA).** FGF19 expression in stable shRNA mediated FGF19 gene knockdown PC3 cells was quantified by ELISA. Cell lysates were prepared as described above for Western blot. Protein concentration were determined using BCA protein assay kit (Thermo) and equal amounts of protein lysates were subjected to ELISA for FGF19 (R&D Systems, Catalog Number: DF1900) as per the manufacturer’s instructions.

**Gene expression analysis.** KL mRNA levels were examined in various public expression datasets, including the “Expo” dataset (GEO accession number GSE2109), of cancers from various histological subtypes, and the Roth et al (25) dataset, of various normal tissues (GSE3526), as well as four different prostate cancer vs benign tissue datasets, via Oncomine (26).

**Statistical analysis.** Numerical values were compared using t-test or Mann Whitney test as appropriate. Differences were considered significant if p<.05.
RESULTS

Expression of FGF19 in human prostate cancer cell lines. We analyzed FGF19 expression in the commonly used PCa cell lines PC3, LNCaP, DU145 and VCaP, as well as an immortalized normal prostate epithelial cell line PNT1a. Q-RT-PCR indicates that FGF19 mRNA is expressed in DU145, PC3 and VCaP cells while it is undetectable in LNCaP and PNT1a cells (Fig. 1A). Thus, in 3 of 4 PCa cell lines there is upregulation of FGF19 signaling relative to the PNT1a immortalized normal epithelial cells.

Expression of Klotho co-receptors in human prostate cancer cell lines. The α-Klotho (KL) gene is expressed in all five cell lines tested including normal PNT1a cells, although at the lowest level in PC3 cells. β-Klotho (KLB) is expressed in DU145 and VCaP cells, but it is not detected in PC3, LNCaP and PNT1a cells by RT-PCR (Fig. 1B). Thus 2 of the 4 PCa cell lines express β-Klotho, which is not expressed in the normal prostatic epithelial cell line, while α-Klotho is ubiquitously expressed in both normal and neoplastic prostatic epithelial cells lines.

Effect of FGF19 on prostate cancer cells in vitro. Given that Klotho co-receptors are expressed on prostate and PCa cell lines we sought to determine the effects of exogenous FGF19 on these cells in vitro. To evaluate the effect of exogenous FGF19 on PCa cell proliferation in vitro, we stimulated PC3, LNCaP and DU145 PCa cells and PNT1a immortalized normal prostatic epithelial cells with a variety of concentrations of recombinant FGF19 for 48 or 72 hours in serum free medium and determined the extent of cellular proliferation relative to cells not treated with FGF19. Exogenous FGF19 stimulation enhanced PCa cell proliferation even at doses as low as 0.25-ng/mL (DU145 and LNCaP cells), which is near the mean human physiological serum FGF19 concentration (27-28) (Fig. 2A). FGF19 induced proliferation was lower, but still statistically significant, in PNT1a cells at 10 ng/ ml. It is unclear why the PNT1a
cells are less sensitive to FGF19 induced proliferation but it might indicate that PNT1a express a negative regulator of FGf19 induced proliferation that is decreased or lost in PCa cell lines.

**FGF19 promotes anchorage independent growth.** PC3 and LNCaP cell lines were plated with different concentrations of FGF19 in soft agar and colony formation quantified after 14 days. As shown in Fig. 2B, cells treated with FGF19 formed more colonies in soft agar than vehicle controls and colony numbers were similar to those seen in FGF2 treated cells, indicating that FGF19 promotes anchorage-independent growth capacity in vitro.

**FGF19 stimulates prostate cancer cell adhesion.** The migration of cancer cells is critically regulated by physical adhesion of cells to the extracellular matrix, which is one of the early steps in tumor dissemination (29). Therefore, we investigated whether FGF19 stimulates prostate cancer cell adhesion to the extracellular matrix component type I collagen (COLI) or Matrigel. Cells were pre-incubated with a variety of concentrations of FGF19 for 48 hours and then subject to adhesion assay in 96-well plates pre-coated with COLI or 1:200 dilution of Matrigel. As seen in Fig 2C, FGF19 significantly enhances PC3 and DU145 cells adhesion on both type I collagen and Matrigel even at concentrations as low as 0.25 ng/ mL and 0.5 ng/ mL.

**FGF19 stimulates PCa cell invasion.** To evaluate the effect of FGF19 on PCa cell invasion, we conducted invasion assays using Matrigel invasion chambers. After incubation with or without 25 ng/mL of FGF19 for 24 hours (PC3), 36 hours (DU145), or 72 hours (LNCaP and PNT1a), cell invasion was analyzed as described previously (23). FGF19 promotes prostate cancer cell invasion by approximately 140 to170% for all cell lines (Fig. 2D).

**FGF19 Stimulation Activates MAP Kinase and AKT Pathways in PCa cells.** To examine the activation of FGFR signaling and its downstream pathways by FGF19 we analyzed phosphorylation of FRS2, p42/44 MAPK (ERK1/2) and p38 MAPK, as well as MEK1/2, by Western blot analysis in DU145 cells after stimulation with FGF19 for 15 minutes. As shown in...
Fig. 3A, FGF19 activates ERK and p38 MAPK signaling. We then examined activation of the AKT pathway in LNCaP cells, which have inactivation of PTEN, by FGF19. Stimulation of LNCaP cells with FGF19 enhanced AKT activation as evidenced by increased phosphorylation on both S473 and T308 of AKT after 24 or 42 hours (Fig 3B). The activation of AKT was relatively slow and thus may be an indirect effect of FGF19 stimulation.

**FGF19 suppression with shRNA inhibits PCa cell invasion in vitro and tumorigenesis in vivo.** To determine the biological importance of the autocrine FGF19 produced by the PCa cell lines we carried out knockdown experiments targeting FGF19. We screened two FGF19 GIPZ lentiviral shRNAmir clones (Open Biosystem) for FGF19 knockdown by transient transfection into DU145 and PC3 cells. FGF19 mRNA expression was evaluated by Q-RT-PCR 48 hours after transfection. Parallel sets of cells were subjected to invasion and proliferation assays. FGF19 mRNA expression in DU145 cells was suppressed by 40-45% and DU145 invasiveness was inhibited by about 25-30% (Fig. 4A). PC3 FGF19 mRNA was decreased 25-50% and invasion was decreased 45-60% (Fig 4B). The effects on viable cell number were less striking (<10% decrease), although still statistically significant. Of note, there was an associated decrease in cell viability from approximately 96% to 85-89% for both cell lines using either shRNA (Supplementary Figure 1). We did not see a statistically significant decrease in Ki67 labeled cells (data not shown). Thus the decrease in viable cell number was in large part due to a small but significant decrease in cell viability.

We then established stable cell lines in PC3 cells using the two shRNAs and analyzed the cell lines for FGF19 protein expression, proliferation and invasion (Fig 4C). FGF19 protein, as determined by ELISA, was decreased by approximately 50% for both shRNAs cell lines. Invasion was decreased 60-77% while proliferation was decreased by 29-37%. Soft agar colony formation was decreased 40-43% (data not shown). Thus knockdown of autocrine FGF19 has significant effects on multiple cellular phenotypes related to transformation. Most
striking is the impact on invasion and our findings indicate that a significant fraction of cancer invasion in these two cell lines can be attributed to autocrine FGF19 expression.

We then carried out a subcutaneous xenograft experiment with one of the stable shFGF19 PC3 cells lines and vector controls. FGF19 knockdown resulted in a marked inhibition of tumor growth with minimal growth of tumor between days 13 and 32 after inoculation (Fig 4D). Final tumor weight was 325 +/- 6 mg (n=14) in controls Vs 73 +/- 1 mg (n=18) in FGF19sh1 cells (mean +/- SEM, p=2.5 X10^-5, t-test). These studies confirm the important role of autocrine FGF19 in PCa growth in vivo.

Expression of FGF19 in human prostate and prostate cancer tissues. To determine if FGF19 is expressed in PCa we measured FGF19 mRNA levels by quantitative RT-PCR in using RNAs from 63 benign tissues and 73 PCas. As shown in Figure 5A, FGF19 mRNA was upregulated 3.8-fold in the cancer tissues (p=.025, t-test) To confirm that FGF19 is expressed in prostate and/or PCa tissues at the protein level we carried out IHC with an anti-FGF19 antibody using a small tissue microarray containing 29 benign and 15 cancer tissues. Staining was graded as 0-3+ (negative, weak, moderate and strong) in benign and neoplastic epithelium and stroma. Approximately 60% of cancer samples showed moderate staining in cancer cells. Stromal staining was also observed, predominantly in spindle shaped cells, probably fibroblastic or myofibroblastic cells. An example of staining in a primary PCa is shown in Figures 5B. The mean staining in cancer epithelium was significantly higher in cancer than in benign epithelium (1.47 +/- .13 versus 1.13 +/- .07 mean +/- SEM; p=.02, Mann Whitney). We have also stained a small tissue microarray containing 17 metastatic PCas. Interestingly we found a highly dichotomous staining pattern. Eight of 17 metastatic cancers stained for FGF19 expression and 7 of 8 had strong staining and 1 moderate staining. Examples of this strong staining are shown in Figure 5B. The other 9 cases were negative (Fig 5B, lower right). Thus about half of metastatic PCa lesions express FGF19, almost all of which showed strong expression. Negative
control with no primary antibody was completely negative in all cases. Overall approximately half of all primary and metastatic PCa express FGF19 protein.

**Expression of Klotho co-receptors in human prostate and PCa.** We then examined laser captured benign and cancer epithelium and stroma for expression of KL mRNA. All three normal epithelia and all 14 normal stroma tissues expressed KL. Somewhat surprisingly only 2 of 7 cancer epithelia expressed KL while all 7 cancer stroma samples expressed KL. The RT-PCR for epithelial samples is shown in Figure 6A. Examination of the Oncomine data bases reveals that KL is significantly higher in PCa (as well as in renal cell carcinoma) compared to other cancers (t-test $p=4 \times 10^{-45}$; upper Fig 6B). Of note, KL is also significantly higher in normal prostate ($p=2 \times 10^{-9}$, lower Fig 6B) and kidney compared other normal tissues.

Analysis of KLB expression using the laser captured samples described above showed no expression in normal epithelium while expression was seen in 4 of 14 normal stromal samples. Two of 7 cancer epithelial samples and 4 of 7 cancer stroma samples expressed KLB. The data from the epithelial samples is shown in Fig 6A. Of note, one cancer sample expressed both KL and KLB and overall 3 of 7 cancer epithelia express one or both Klotho co-receptors. Examination of the Oncomine database shows that KLB is significantly upregulated in PCa versus normal prostate in multiple microarray datasets, including the Luo, Varambally, Varanaja and Lapointe datasets (Fig 6C, $p<.05$ for each dataset).

Immunohistochemical staining with anti-KL antibody showed variable expression of KL in normal and cancer epithelium. As shown in Fig 7A, there is robust expression of KL in the tubules of the kidney, which is a well known site of KL expression by IHC, and negative control showed no staining (not shown). Examination of a small tissue microarray of primary PCa tissues revealed a dichotomous staining pattern. In 11 of 22 cases there was strong staining of PCa cells (Figs 7B, 7C) while in 10 cases there was no staining or focal weak staining (not
shown). One case had moderate staining. Negative control slides showed no staining. Normal epithelium showed weak staining in 8 of 16 cases with moderate staining in 6 of 16 cases (Fig 7D) and no staining in 2 cases. Staining was variable both within luminal and basal cells. Variable stromal staining was also seen in both cancer and normal stroma in spindle shaped cells and in endothelium. Thus KL protein is expressed in about one half of primary PCa epithelium. Using a small tissue microarray of metastatic PCa we found that 16 of 20 cases had strong staining for KL and 2 had moderate staining, Thus 90% of metastatic PCa lesions express KL at moderate or high levels, consistent with the finding that all PCa cell lines (all derived from metastatic lesions) express KL.

**DISCUSSION**

We have established for the first time that FGF19 plays a role in human prostate cancer. FGF19 is expressed in an autocrine manner at increased levels compared to benign prostatic epithelial cells in 3 of 4 PCa cell lines and by immunohistochemistry in approximately half primary and metastatic PCAs. Suppression of FGF19 expression by transient or stable transfection of FGF19 targeting shRNAs significantly inhibits PCa cell invasion, colony formation and proliferation in vitro and markedly inhibits tumor growth in vivo. Thus FGF19 can act as an autocrine factor to promote prostate cancer progression. Additional orthotopic studies in LNCaP cells (which do not express FGF19) with inducible expression of FGF19 would help clarify if FGF19 expression is sufficient to induce increased growth and/or metastasis in early and/or later stage tumors. Our IHC studies show that FGF19 is expressed in the stroma of a subset of primary PCAs, as seen in our prior laser capture microdissected PCa stroma expression microarray data (22), and consistent with a paracrine mechanism of action in some cases. Our data also suggests that FGF19 can act as an endocrine factor to promote PCa initiation and progression. The normal fasting FGF19 serum concentration is 0.19 ng/ml (range 0.05-0.59 ng/ml) and this doubles after meals in response to absorption of bile acids by the intestine, so...
average concentrations are in the range of 0.2-0.4 ng/ml throughout the course of the day. We see statistically significant effects on PCa proliferation and adhesion in vitro at these levels of FGF19. The constant presence of FGF19 over decades may thus promote prostate cancer initiation and/or progression in an endocrine manner in vivo. Thus FGF19 can act as an autocrine, paracrine and endocrine growth factor in PCa. Additional studies will be needed to clarify the relative importance of these modes of action but it is likely to be variable between different tumors depending on the levels of autocrine and/or paracrine FGF19 expression.

In order to respond to low concentrations of FGF19 a Klotho co-receptor must be present in the cell as well as FGFR(s). The FGF19 co-receptor KL is expressed in most benign prostate epithelial tissue samples. In addition it is expressed in immortalized normal prostatic epithelial cells. Interestingly analysis of expression microarray data from Oncomine indicates that normal kidney and prostate have high levels of KL compared to other tissues. In kidney, KL is known to be expressed as the FGF23 co-receptor and plays a key role in phosphate and vitamin D metabolism (7). This data implies that KL may be playing a role in the biology of normal prostate epithelium. It is of interest that the PNT1a normal epithelial cell line is not as sensitive to FGF19 induced proliferation as the PCa cell lines, implying that FGF19 may not be supporting normal epithelial growth. Furthermore, this suggests that additional genetic or epigenetic changes have occurred in PCa cell lines that enhance the proliferative response to FGF19. KL is expressed in all the PCa cell lines and in 2 of 7 laser captured primary PCa cell samples and in half of PCas by IHC. It is unclear why the KL gene expression is present in only a subset of primary PCa samples despite its expression in most benign samples. However, KL is expressed in 90% of metastatic lesions by IHC, suggesting that cells expressing KL may be more aggressive. It should be noted that both FGFR1 and FGFR4 are widely expressed in PCa. In addition, KL is also present in cancer and benign stroma, including spindle shaped cells and endothelial cells. It has been previously reported that HUVEC cells express KL (30). Renal cell
cancers as well as PCa both express significantly higher levels of KL than other cancers, suggesting that expression of KL is not universal in cancers and may reflect differences in the underlying biology of these tumors compared to other cancers.

Previous reports indicate that KL can bind FGF19 and can activate ERK signaling in HEK293 cells transfected with KL and treated with FGF19 (10). Our finding that FGF19 can stimulate biological activities in LNCaP cells, which express KL but not KLB, at concentrations as low as 0.25 ng/ml confirms that KL can act as a co-receptor for FGF19 in this cellular context as well. For comparison, in the absence of Klotho co-receptors 1000 ng/ml of FGF19 is required to activate FGFR-4 (31). Thus PCa cells often express α-Klotho and thus can respond to FGF19 and potentially to FGF23, which also uses KL as a co-receptor.

Our data indicate that a subset of primary PCas express KLB, which is not present in benign prostatic epithelium. This is consistent with our finding 2 of 4 PCa cell lines, but not a normal epithelial cell line, expresses KLB. Presumably this expression reflects a selective process allowing for increased response to FGF19, and potentially to other endocrine FGFs, but further studies are needed to clarify this point. KLB is also variably expressed in cancer and normal stroma. The type of cells expressing KLB in stroma and the reason for the observed variability is unclear. Analysis of multiple Oncomine databases reveals that overall PCa expresses higher levels of KLB than normal prostate. This probably reflects increased expression in malignant epithelium but it could also reflect increased stromal expression. Further studies are needed to clarify this point. Interestingly, we noted both in primary PCa cells and cell lines that KL and KLB can be co-expressed, indicating that their functions are probably non-redundant in PCa.

In order to activate signaling endocrine FGFs require Klotho co-receptors. FGF23 requires KL(3), FGF21 requires KLB (3) and FGF19 can use either KL or KLB as described
above. The presence of at least one Klotho co-receptor in all PCa cell lines indicates that other endocrine FGFs in serum in addition to FGF19 are potential growth factors for PCa. Endocrine FGFs are present at serum in healthy adults (approximate means: FGF19: 300 ng/l (28) FGF21: 200 ng/l (32); FGF23: 30 ng/l (33)). While these levels are relatively low compared to levels of classical FGFs used in tissue culture, given that endocrine FGFs have actions as hormones in serum, it is highly likely that they are capable of activating signaling in cells expressing the relevant co-receptors when present at these levels. Furthermore, endocrine FGFs are elevated in disease states, some of which have been linked to PCa risk and/or aggressiveness. For example, mean serum levels of FGF23 in patients with renal failure are elevated 20-30 fold (33) and there are also more modest increases in FGF19 (34). Patients with less severe renal dysfunction also have elevated FGF23 (35). Of note, higher serum calcium, which is associated with higher FGF23 (33) is significantly associated with the incidence of fatal PCa (36-37). Similarly, FGF21 has been shown to be increased in obesity (38), which is linked to fatal PCa (39). Finally, FGF23 can potentially act as a paracrine factor in bone, the primary metastatic site for PCa, since it is produced predominantly in osteoblasts and osteocytes (40). Further studies are needed to determine the role of FGF19 and other endocrine FGFs in PCa progression and initiation.

Aberrant FGF signaling can promote tumor development by directly driving cancer cell proliferation, invasion and survival, and by supporting tumor angiogenesis (15, 41). These observations make FGF signaling networks increasingly attractive as targets for therapeutic intervention in cancer. Although targeting FGF signaling as a cancer therapeutic strategy has lagged behind that of other receptor tyrosine kinases, there is now substantial evidence for the importance of FGF signaling in the pathogenesis of diverse tumor types, and clinical reagents that specifically target the FGFs and FGFRs are being developed (41). We have recently shown that inhibition of FGFR kinase activity using a small molecule inhibitor markedly decreases PCa
tumor progression in vivo (42). The finding that FGF19 and perhaps other endocrine FGFs can promote biological activities in PCa relevant to tumor progression gives further impetus to these efforts in PCa, particularly anti-FGF19 targeted therapies.

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REFERENCES


FIGURE LEGENDS

Figure 1. FGF19 and Klotho co-receptors are expressed in prostate and PCa cell lines.
A. FGF19 expression was determined by Q-RT-PCR using RNAs from the indicated cell lines. PNT1a and LNCaP were below the reliable detection limit of this assay. B. Expression of KL, KLB and FGFR4 in PNT1a and PCa cell lines by RT-PCR. HPRT is control for reverse transcription.

Figure 2. Biological effects of exogenous FGF19 on prostate and PCa cell lines
A. FGF19 induced proliferation. FGF19 was added to cultures of cells in serum free medium at the indicated concentration and cell number analyzed at either 48 or 72 hrs depending on the cell line. B. Colony formation in soft agar. FGF19, FGF2 or vehicle was added to cells in soft agar at the indicated concentration and colonies counted after 14 days. C. FGF19 induced cell adhesion. Numbers of cells adherent to collagen 1 or Matrigel were determined at the indicated FGF19 concentration as described in Materials and Methods. D. Invasion through Matrigel. Cell invasion though Matrigel was determined as described in Materials and Methods. Data is expressed relative to vehicle only control (100%). Mean +/- standard error of the mean (SEM) for triplicates are shown for all experiments. Asterisks indicate statistically significant differences. For A and C, the first statistically significant concentration for each cell line relative to control is indicated by an asterisk and all differences at higher concentrations are significant but asterisks are omitted for clarity.

Figure 3. FGF19 activates MAP kinase and AKT pathways in PCa cells.
A. DU145 cells were serum starved for 24 hours and stimulated with the indicated concentration of FGF19 or FGF2 for 15 minutes. Cell lysates were prepared and Western blotting performed as described in Materials and Methods to assess activation of MAP kinase signaling. B. LNCaP cells were serum starved for 24 hours and then treated with the indicated concentration of
FGF19 or FGF2 for either 24 or 42 hours. Cell lysates were prepared and Western blotting performed as described in Materials and Methods to assess activation of AKT.

**Fig 4. Biological affects of FGF19 knockdown on PCa cells.** A, B. FGF19 was transiently knocked down using two different shRNAs and mRNA levels evaluated by Q-RT-PCR. Proliferation and invasion were evaluated on parallel plates as described in Materials and Methods. A: DU145 cells; B: PC3 cells. C. FGF19 was stably knocked down using two different shRNAs. Protein expression was determined using an FGF19 ELISA. Proliferation and invasion were evaluated on parallel plates as described in Materials and Methods. For A-C, experimental data is expressed relative to vector control cells (100%). The mean +/-standard deviation is shown. D. PC3 cells with knockdown of FGF19 (FGF19 sh1, n=18) or vector controls (n=14) were inoculated subcutaneously on day 1. Calculated tumor volume is shown at intervals from day 13 to day 32. Mean +/- SEM is shown. Statistically significant differences from controls are indicated by asterisks for all experiments.

**Figure 5. FGF19 is expressed in human PCa tissues.**

A. Quantitative RT-PCR for FGF19 mRNA expression was performed on 63 benign and 73 primary PCa samples. Relative expression after normalization to HPRT is shown (mean +/- SEM). The difference in FGF19 expression between benign and cancer samples was statistically significant (p=.025, t-test). B. Immunohistochemistry was performed as described in Materials and Methods. Upper left: Medium power view (200X) of primary PCa. Arrow shows normal epithelial cells. Upper right (200X) and lower left (100X): metastatic PCa lesions with strong FGF19 expression. Lower right: metastatic lesion with no FGF19 expression on same tissue microarray (100X).
Figure 6. Expression of Klotho co-receptor mRNAs in human prostate and PCa tissues.

A. RT-PCR for KL and KLB mRNA in laser captured benign and cancer epithelium. HPRT is a reverse transcription control. B. KL mRNA levels across multiple tissue types (including prostate), for both cancer (upper panel) and normal (lower panel) tissues. Upper panel: BR: breast; CO: colon; KI: kidney; LU: lung; OV: ovarian; UT: uterine; PR: prostate. C. Relative expression of KLB in normal/benign prostate tissue (“N”) versus prostate tumors (“T”), for four independent profiling datasets (surveyed using Oncomine).

Figure 7. Expression of Klotho protein by immunohistochemistry.

Immunohistochemistry was performed as described in Materials and Methods. A. Kidney (positive control; 100X). B. Prostate cancer (100X); Cystic atrophy is present on the left. C. Prostate cancer (200X). Note membranous staining pattern. D. Normal epithelium with moderate staining (200X).
Fig. 3

A.  

<table>
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<td>P-p38 MAPK</td>
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B.  

<table>
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<td>ß-Actin</td>
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</table>
Fig. 4

A. **DU145 Transient**

B. **PC3 Transient**

C. **PC3 Stable**

D. **PC3 Stable Tumor Growth**

- All graphs show the percentage control for mRNA, cells, and invasive cells for different conditions.
- Dotted lines represent control groups, and solid lines represent FGF19 sh1 groups.
- * indicates statistical significance.
Fig. 5

A.

![Bar graph showing relative FGF-19 expression between Benign (n=63) and Cancer (n=73).]

B.

- **Primary PCa 200X**
- **Metastatic PCa 200X**
- **Metastatic PCa 100X**
- **Metastatic PCa 100X (negative)**
The endocrine fibroblast growth factor FGF19 promotes prostate cancer progression

Shu Feng, Olga Dakhova, Chad J. Creighton, et al.

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