Intraoperative Evaluation of Breast Tumor Margins with Optical Coherence Tomography


Abstract

As breast cancer screening rates increase, smaller and more numerous lesions are being identified earlier, leading to more breast-conserving surgical procedures. Achieving a clean surgical margin represents a technical challenge with important clinical implications. Optical coherence tomography (OCT) is introduced as an intraoperative high-resolution imaging technique that assesses surgical breast tumor margins by providing real-time microscopic images up to 2 mm beneath the tissue surface. In a study of 37 patients split between training and study groups, OCT images covering 1 cm² regions were acquired from surgical margins of lumpectomy specimens, registered with ink, and correlated with corresponding histologic sections. A 17-patient training set used to establish standard imaging protocols and OCT evaluation criteria showed that areas of higher scattering tissue with a heterogeneous pattern were indicative of tumor cells and tumor tissue in contrast to lower scattering adipocytes found in normal breast tissue. The remaining 20 patients were enrolled into the feasibility study. Of these lumpectomy specimens, 11 were identified with a positive or close surgical margin and 9 were identified with a negative margin under OCT. Based on histologic findings, 9 true positives, 9 true negatives, 2 false positives, and 0 false negatives were found, yielding a sensitivity of 100% and specificity of 82%. These results show the potential of OCT as a real-time method for intraoperative margin assessment in breast-conserving surgeries. [Cancer Res 2009;69(22):8790–6]

Introduction

Breast cancer. Improved breast cancer screening has resulted in smaller lesions being detected earlier. An estimated 192,370 new cases of invasive breast cancer (26% of newly diagnosed cancer cases in women), 62,280 new cases of ductal carcinoma in situ, and 40,610 breast cancer deaths will be reported in the United States during 2009, making it the most widely diagnosed cancer (1). Increased 5-year survival rates have been attributed to increased awareness, earlier detection, and improved treatment and management. A large portion of patients undergo surgical removal of lesions via breast-conserving surgery (lumpectomy) with irradiation often accompanied by sentinel or axillary lymph node dissection for disease staging.

Tumor margin assessment and local recurrence. As lumpectomy rates have increased over time, the definition of a clean margin has changed. A recent study reported 45.9% of radiation oncologists defined negative margins as no cancer cells at inked margins, whereas 7.4% defined it as no cells within 1 mm and 21.8% believed it to be no cells within 2 mm (2). As more studies correlated the width of uninvolved margins to local recurrence (3, 4), a more aggressive approach toward breast conservation has allowed surgeons to use 2 mm, or even 1 mm, to define a clean margin. The same survey of radiation oncologists reported that 31% of respondents defined a close margin as having no cells within 1 mm and an additional 38% defined it to be no cells within 2 mm of the inked surface (2).

Despite this ongoing debate, the key predictor of local recurrence is the margin status (5–16). A positive margin, the presence of disease on the inked surface, occurs in at least 30% to 35% of cases, and an additional 10% to 15% are classified as close margins (<2 mm; ref. 15). Local recurrence rates for breast-conserving therapy followed by radiation were reported in 2% to 28% of cases with positive margins, 2% to 16% with close margins (<2 mm), and 2% to 8% with negative margins (15), which would be higher in the absence of radiation therapy (6, 8, 17, 18).

Intraoperative margin assessment. Currently, no real-time, nondestructive intraoperative method exists to rapidly assess the microscopic status of lumpectomy margins as standard of care (19, 20). Several techniques have been investigated including frozen section analysis, touch prep cytology, radiography, radio-frequency spectroscopy, and Raman spectroscopy. Frozen section analysis was reported to have a sensitivity of 73.08% and a specificity of 98.32% compared with paraffin section analysis in breast cancer (19). Frozen section analysis has not widely been accepted as part of standard of care due to difficulties in performing frozen sections on adipose tissue, added time (~20–30 min), increased operating room time, and additional pathology evaluation with increased costs. The most significant disadvantage is the inability for frozen section analysis to be done over the entire surface area of the tissue specimen, sharing the same sampling rate limitation as paraffin section analysis in sampling only 10% to 15% of the surface area (21).

Touch prep cytology can rapidly assess the entire surface area, addressing the sampling rate issue, while preserving the integrity of the specimen, and making it a promising technique for identifying positive margins. This technique reported a sensitivity of 75% and a specificity of 82.8% (21). The major disadvantages include the requirement for tumor cells to be at the surface, and
their detachment. Touch prep cytology does not provide information about the presence of cancer cells beneath the surface and therefore is unable to determine close and negative margins.

Intraoperative radiography of specimens provides surgeons the ability to visualize the margin in-depth by displaying two-dimensional X-ray projections. However, the low reported sensitivity and specificity of 49% and 73%, respectively (22), are primarily due to the inability to identify diffuse microscopic processes, especially where the tumor boundary is poorly defined (23).

Radiofrequency spectroscopy provides a bulk measurement over a circular area (diameter = 0.7 cm) and within a 100 μm depth (24). With low sensitivity (71%) and specificity (68%; ref. 24), shallow penetration depth, and low resolution, detection within 1 to 2 mm for margin classification is limited.

Raman spectroscopy, which extracts chemical information, was reported to have a sensitivity of 100%, a specificity of 100%, and overall accuracy of 93% in identifying carcinomas (25). Despite high sensitivity and specificity, this technique may have limited clinical utility due to point measurements with long 1 s acquisition times per point, making it unable to quickly sample large surface areas with high spatial resolution.

Optical coherence tomography in breast cancer. Optical coherence tomography (OCT) is a high-resolution microscopic optical imaging technique that yields real-time multidimensional images of subsurface tissue structure (26–32). OCT is the optical analogue to ultrasound imaging but uses light waves instead of sound waves to create images. Near-infrared light enables micron-scale resolution, providing images on the same resolution scale as histopathology. The penetration depth in breast tissue is ~1 to 2 mm, making OCT a suitable technology for intraoperative tumor margin assessment. The density of cells and subcellular scatterers (nuclei and organelles) primarily determines the depth to which the OCT light penetrates tissue and scatters back to be detected. Tissue composed primarily of adipocytes can be imaged to depths of 2 mm compared with 200 to 1,000 μm in cell-dense tumor tissue. These depths are comparable with the currently accepted margin widths that classify positive, close, and negative margins. By enabling surgeons to rapidly visualize tissue morphology beneath the surface and over large surface areas while preserving tissue structure, OCT has the potential to become an invaluable intraoperative tool for assessing margin status.

Since its introduction, OCT has capitalized on advances in telecommunications, resulting in significant increases in data acquisition speeds (33), added functional modalities (34–36), and new contrast agents (37, 38). OCT has found clinical applications in ophthalmology, cardiology, gastroenterology, and oncology (39). OCT has been used to image tumor margins in a N-methyl-N-nitrosourea carcinogen-induced rat mammary tumor model, differentiating between highly scattering cancer cells and the fibrous/fatty tissue associated with normal mammary tissue (29, 40). Increased scattering in tumor is attributed to the increase in nuclear-to-cytoplasm ratio and the increase in cellular and nuclear density (41, 42). The large size and low scattering of adipocytes, relative to higher scattering stromal and tumor cells, provides one method for differentiating these tissue types (29, 40, 43).

Access to deep breast lesions can be done using needle-based OCT probes (43–45). These needle probes can provide real-time information for guided lesion biopsy or for placement of localization wires (44, 45). Reports identified diagnostically significant information within the optical backscattering and refractive index signals that can distinguish various breast tissue types (29, 40, 46). These same diagnostic properties can be extracted from individual axial scans that comprise an OCT image or from spatial information provided by the OCT image itself (40, 45, 46). This study focuses on the first intraoperative OCT assessment of exposed tumor margins.

Materials and Methods

Instrument. A clinical spectral-domain OCT system (Figs. 1 and 2) was constructed to assess surgical margins from lumpectomy specimens. The OCT system employs a superluminescent diode (model SLD1C; B&W Tek), with an optical spectrum centered at 1,310 nm and a bandwidth of 92 nm. Light is passed through an optical circulator (CIRC-3-31-P-BB-10-6:3port; Gould Fiber Optics) and into a 95/5 fiber-optic splitter (Gould Fiber Optics) that divides the light into a sample and reference arm. A 60 mm focal length achromatic lens in the sample arm focuses 4.75 mW light to a 35 μm spot (transverse resolution). The broadband source yields an axial resolution of 5.9 μm in tissue. The depth of field of the lens (1.47 mm) closely matches the penetration depth of OCT in human breast tissue. Reflected light from the sample and reference arms is passed through polarization controllers (FPC–2; Fiber Control), coupled into an interferometer, spectrally dispersed by a diffraction grating (53004BKV1–148R; Richardson Gratings, Newport, 1,000 grooves/mm and blazed for 1,310 nm), and focused onto an indium gallium arsenide line camera (SU1024LE–1.7T1-0500; Sensors Unlimited) with a 150 mm singlet lens. With camera exposure times ranging from 24.4 to 408.4 μs, corresponding measured signal-to-noise ratios ranged from 96 to 116 dB. The imaging system acquires OCT images at a rate of ~5,000 axial scans/s or up to ~8 to 9 images/s (~600 axial scans/10 mm). The sample is laterally scanned under the OCT beam using an automated translation stage. Data are collected using a high-speed data acquisition card with a 5 MHz sampling rate and 12-bit quantizer.

Figure 1. Clinical spectral-domain OCT system schematic. Light from a superluminescent diode (λ = 1,310 nm) is directed into an optical circulator (OC) and to a fiber coupler (FC), which splits 5% of the light to a reference arm mirror (RM) and 95% of the light to a sample arm containing focusing optics and an automated x-y translation stage (TS). Light is collimated through fiber collimators (Col). Reflected light from each arm is coupled through polarization paddles (PP), interfered within the fiber coupler, and spectrally dispersed onto a line camera.
stained, and correlated. Resected surgical specimens were placed on the sample-arm stage (A). The detector and reference arm (B) are located within the cart along with the light source and hardware controllers (C) and computer (D). OCT images (shown in later figures) represent two-dimensional cross-sectional planes (x-z) oriented perpendicular to the tissue surface (right). Multiple OCT images can be acquired by stepping the beam in the y direction.

Patient demographics. A total of 37 female patients were enrolled in the study. The training set consisted of 17 patients with a mean age of 62 years (range, 44-82) and the study set consisted of 20 patients with a mean age of 66 years (range, 41-84). Their final diagnoses, based on pathologic findings and tumor margin assessments, included 15 cases of ductal carcinoma in situ, 1 case of lobular carcinoma in situ, 2 cases of infiltrating ductal carcinoma, 9 cases of invasive ductal carcinoma, 1 case of invasive papillary carcinoma, 2 cases of invasive mammary carcinoma, and 1 case of atypical ductal hyperplasia. The majority had more than one diagnosis classification associated with their histopathologic assessment. An additional 2 patients in the training set and 2 patients in the study set were consented but subsequently excluded from the study and OCT imaging due to changes in surgery schedules or procedures.

Results

OCT Image processing and evaluation protocol. All OCT images were processed with the same standardization method and displayed on the same intensity scale (47). OCT images were initially evaluated in real-time by one of several researchers trained on the characteristic features found on OCT of breast tissue to ensure that the images were of sufficient quality for evaluation and to ensure that a subset of the images collected contained diagnostic features. Using criteria established from the training set, a single researcher during a single session, several months after data sets were acquired, evaluated all OCT images, identifying normal or abnormal features. Images with abnormal features were classified as positive because the OCT imaging depth was within the 2 mm range commonly used to define close margins and because the OCT image features were thought to be indicative of invasive or in situ carcinoma. Because 10 to 20 OCT images were taken at each imaging site and correlated to a single histologic section from that site, OCT margin assessment was made using the full set of available OCT images for each site.

Histology image evaluation protocol. Histology sections were acquired from marked areas imaged in the operating room with OCT. All tissue sections were stained with H&E and some were additionally immunohistochemically stained. Histology slides were digitized using a light microscope at 4× magnification and stitched together (Adobe Photoshop) to produce a single image. The compiled montage was oriented based on inked borders for later correlation to OCT images. H&E-stained histology images were classified by a board-certified pathologist as invasive carcinoma, in situ carcinoma, other abnormal tissue, or normal tissue. Margins identified as carcinoma or other abnormal tissues were considered to be positive. The pathologist was blinded to the OCT images and results, giving an independent and unbiased assessment of the histology slide corresponding to the matching OCT image set.

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Training data set. An initial training data set of 78 OCT images from 17 patients (minimum = 2, maximum = 10, average = 5
images/specimen) were used to establish standard imaging protocols, coregistration procedures, and image evaluation criteria of the surgical margins. Representative images shown in Fig. 3 include normal adipose tissue (Fig. 3A), surgical artifacts of surface blood (Fig. 3B) and cauterized tissue (Fig. 3C), areas that appear duct-like in shape (Fig. 3D), and areas of highly scattering cells with spatially heterogeneous scattering intensity (Fig. 3D). These results were confirmed by gross visual findings or by histopathologic analysis. Histopathologic analysis reported ductal carcinoma in situ involvement for the specimen imaged in Fig. 3D, which has a patch-like appearance. Images of positive margins (D) containing tumor cells and tissue included a highly scattering area that was more heterogeneous and disruptive of the surrounding architecture.

**Images and Figure 3.** Representative OCT images of surgical margins from lumpectomy specimens acquired for the training set. Images of normal tissue (A) were identified by the homogenous pattern of large adipose cells. Readily identified surgical artifacts include blood (B), which appears as a thin film of scatterers, and cauterized tissue (C), which has a patch-like appearance. Images of positive margins (D) containing tumor cells and tissue included a highly scattering area that was more heterogeneous and disruptive of the surrounding architecture.

**Study data set.** OCT images with histologic correlations from an additional 20 patients were used for the study set. A total of 210 OCT images were acquired from 20 lumpectomy specimens with an average of 10 OCT images per specimen. Using criteria established from the training set, the study set was evaluated and specimen margins were classified as positive or negative. A margin was considered positive if there was evidence of tumor cells or tissue either at the immediate surface or within the imaging depth of OCT (1-2 mm). Eleven margins were identified as positive and 9 as negative under OCT image analysis. Analysis of corresponding H&E-stained histologic sections yielded 9 true positives, 9 true negatives, 2 false positives, and 0 false negatives, giving a sensitivity of 100% and specificity of 82% (Table 1). Overall accuracy of OCT was 90% with a positive predictive value and a negative predictive value of 82% and 100%, respectively.

Three representative cases from the study set are presented in Figs. 4 and 5. The first patient (female, age 66 years) was diagnosed with ductal carcinoma in situ via ultrasound-guided core-needle biopsy with a 3.0 cm primary tumor. This case (Fig. 4) shows OCT assessment of a negative tumor margin, which consists primarily of large lipid-filled adipocytes with interweaving microvasculature. The small dark highly scattering point-like regions in the OCT image correspond to individual nuclei of adipocytes. Histologic evaluation indicated that tumor cells were located >3 mm from the surface, confirming the OCT findings of a negative margin.

A second patient (female, age 60 years), diagnosed with invasive papillary carcinoma via ultrasound-guided core-needle biopsy, had a 0.8 cm primary tumor removed by lumpectomy. A third patient (female, age 51 years) was diagnosed with poorly differentiated infiltrating ductal carcinoma and high-grade ductal carcinoma in situ.

**Table 1. Intraoperative tumor margin assessment (OCT versus histopathology)**

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<tr>
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<th>Histology (positive)</th>
<th>Histology (negative)</th>
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<td>OCT (positive)</td>
<td>9 (true positive)</td>
<td>2 (false positive)</td>
<td>11</td>
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<tr>
<td>OCT (negative)</td>
<td>0 (false negative)</td>
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<tr>
<td><strong>Total</strong></td>
<td>9</td>
<td>11</td>
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<tr>
<td><strong>Sensitivity</strong></td>
<td>100%</td>
<td><strong>Specificity</strong></td>
<td>82%</td>
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Positive predictive value = 82%
Negative predictive value = 100%
with a 2.3 cm primary tumor. Intraoperative OCT imaging of the margins (Fig. 5) revealed suspicious regions with increased and heterogeneous scattering within 1 mm of the inked surface (Fig. 5A, patient 2, 60 F) and within 0.5 to 1.25 mm of the surface (Fig. 5C, patient 3, 51 F). The matching H&E-stained histology sections for the OCT images shown in Fig. 5A and C are provided in Fig. 5B and D, respectively, confirming the diagnostic features observed. These areas contained small and highly scattering cells contributing to the increased contrast when compared with adjacent adipocytes. The increased scattering is from strong reflections from tightly packed cells, which provides the contrast observed in OCT. These results show distinct structural features identified with real-time intraoperative OCT on unstained tissue specimens that can be used to identify positive and negative margins without compromising the structural integrity of the specimens.

Discussion
This study presents the first intraoperative demonstration of OCT as a real-time, high-resolution imaging technique for the microscopic assessment of breast tumor margins. By providing subsurface imaging capabilities 1 to 2 mm deep with micron-scale resolution, OCT provides surgeons the ability to assess margin status in real-time, complementing current gross visual examination, potentially reducing the number of positive/close margins discovered postoperatively, and thereby reducing the need for additional surgical procedures. In the current standard-of-care, pathologists perform microscopic margin assessment within the 2 mm range of the surface using frozen section analysis or paraffin section analysis to determine the need for additional tissue removal.

OCT identified areas of homogeneous adipocytes, suspicious regions with highly scattering and tightly packed cells, and heterogeneous scattering patterns as some of the key features used to classify margins as negative or positive as verified by histopathology. The large relative cell size difference easily separates the identification of adipocytes from tumor cells and stromal tissue. Increased nuclear density and changes in chromatin texture are believed to be responsible for high levels of scattering observed from cancer cells (41, 42). At later tumor stages, observed characteristics change from open to filled ducts and lobules and to heterogeneous tumor masses. Focal...
regions of scatterers embedded in adipose tissue were identified under OCT indicative of smaller clusters of tumor cells. With more advanced cancer, areas of highly scattering tissue with irregular and heterogeneous patterns were identified. With an increased sampling rate of tumor margins with OCT, we expect to identify an increased number of positive surgical margins not otherwise grossly identifiable and likely missed due to limited sampling during standard histopathologic analysis.

Surgeon artifacts such as cauterized tissue and superficial blood are identified in OCT images as a contiguous layer of dark scatterers. These artifacts appear homogeneous in nature and are limited to the cut surface of the surgical margin rather than extending deep into the tissue. A relatively large pool of blood or cauterized tissue can limit the penetration depth of OCT due to high scattering. The imaging penetration depth with a bloody surface (Fig. 3B) is slightly diminished, compared with a cauterized surface (Fig. 3C), where penetration depth drops off sharply with little to no features observed beyond the cauterized tissue. Intravascular blood in small vessels and capillaries makes up a relatively small percentage of the tissue volume and has a minimal effect on the OCT penetration depth. In cases with residual surface blood, saline has been used to rapidly irrigate the surface to regain OCT imaging depth. OCT has been shown for \textit{in vivo} intravascular applications in humans, where an OCT imaging catheter is fully immersed in blood and imaging is done following a saline flush (48). These surgical artifacts can be differentiated from intrinsic tissue properties and can be quickly addressed without interfering with the ability of OCT to assess the margin. The presence of dyes such as methylene blue or lymphazurin, which are used to map lymph drainage for sentinel and axillary lymph node dissections, absorb in the spectral region below 700 nm (data not shown). Therefore, the presence of these dyes does not affect OCT imaging because our system operates in the spectral region around 1300 nm.

Recent advances in OCT technology have increased data acquisition speeds to ≥200,000 axial scans/s (33). This would permit acquisition of 400 frames/s for a scan range of 10 mm and a lateral resolution of 35 μm. For a 1 cm² area, imaging would be achieved in a few seconds while maintaining the full lateral resolution in both x and y directions. Novel computational algorithms such as interferometric synthetic aperture microscopy are being implemented for real-time OCT imaging, yielding spatially invariant lateral resolution equivalent to that achieved at the focus of the beam (49). These combined advances offer the potential to vastly increase data acquisition rates and resolution without sacrificing the large scan area and real-time capabilities of OCT. The significant increase in data volume and limited time to analyze and interpret image sets will increase the need for automated classification algorithms (40, 44).

The differentiation of malignant (carcinoma) from benign (fibroadenoma) tumors is an ongoing research effort, as with many other biomedical imaging techniques. Stromal tissue, which makes up a larger percentage of breast tissue in younger patients, is primarily composed of connective tissue and favorably is generally less scattering compared with tumor tissue (50). Studies have shown that the optical refractive index does not differ greatly between stromal and tumor tissue (46). Preliminary results from our laboratory have identified a promising combined method for distinguishing between the two tissue types by examining the power attenuation in the signal, the periodicity of the scattering profile, and the extracted refractive index information to aid in automated classification of OCT signals (40, 45, 46). Differentiation between benign fibrocytic changes versus malignant lesions will be important in further clinical studies. Cysts are expected to be readily distinguished due to their relatively large size, thin membranes, and low amount of scatterers within the cyst. Early morphologic changes such as ductal hyperplasia or dysplasia, with increased cell density and nuclear-to-cytoplasm ratio, are likely to exhibit increased scattering, and ongoing work to improve resolution and to extract distinct image features may be necessary to distinguish these early changes.

This report shows the potential of real-time intraoperative OCT for margin assessment from resected breast lpectomy specimens. OCT acquires images in the same physical range as that used in histology to classify surgical margins as positive, close (<2 mm), or negative. The development of faster scanning handheld probes will allow surgeons to quickly scan the \textit{in situ} tumor cavity wall in addition to the lumpectomy specimen margin, providing guidance on tissue removal. \textit{In situ} OCT imaging would effectively double the sampling depth by evaluating depths up to 2 mm on the specimen and on the cavity wall. Further studies with even higher resolution, comprehensive volumetric imaging, and automated tissue-type classification are expected to reveal additional unique features that can be used to further improve the identification of positive and negative margins intraoperatively with OCT. Intraoperative identification of positive margins will decrease the need for additional surgical procedures and the rate of local recurrence in breast cancer patients.

\section*{Disclosure of Potential Conflicts of Interest}
S.A. Boppart is cofounder of Diagnostic Photonics, Inc., a company developing Interferometric Synthetic Aperture Microscopy for intraoperative imaging. He also receives royalties from patents related to optical coherence tomography, licensed from the Massachusetts Institute of Technology. The other authors disclosed no potential conflicts of interest.

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